the free Arts, Entertainment & Ideas



October's Events



Fall Studio Tours



Ghosts of Miss Mills & More!



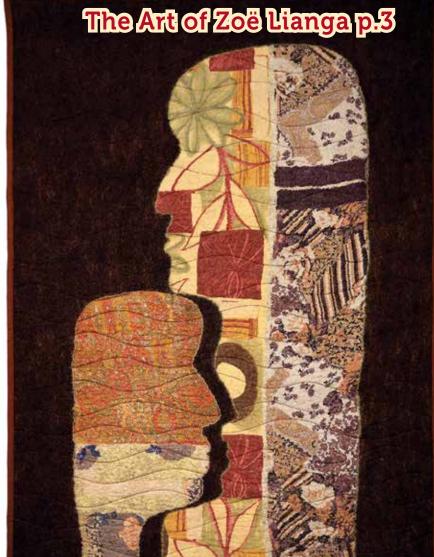
Mudds Youth Romeo & Juliet













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"I had thought Fibrefest would involve everyone seeing how many bran flakes they could eat!"

Thoughts About Voting...

Leadership is not about the next election — it's about the next generation.

— Simon Sinek

Hummble Thought

Elections belong to the people. It's their decision. If they decide to turn their back on the fire and burn their behinds, then they will just have to sit on their blisters.

— Abraham Lincoln

If you are bored and disgusted by politics and don't bother to vote, you are in effect voting for the entrenched Establishments of the two major parties, who please rest assured are not dumb, and who are keenly aware that it is in their interests to keep you disgusted and bored and cynical and to give you every possible reason to stay at home doing one-hitters and watching MTV on primary day. By all means stay home if you want, but don't bullshit yourself that you're not voting. In reality, there is *no such thing as not* voting: you either vote by voting, or you vote by staying home and tacitly doubling the value of some Diehard's vote.

— David Foster Wallace

Our hopes are high. Our faith in the people is great. Our courage is strong. And our dreams for this beautiful country will never die. — Pierre Trudeau

And now, please see Glenda Jones' article on page 5

Readers Write

Dear Editor,

As a teenager now entering adulthood, I have watched too many friends and peers take up the deadly addiction of smoking. Many underestimate the dangers of tobacco, and this is in part due to how it is portrayed in movies.

Many movies, especially those that are youth-rated, glamourize tobacco use, making it seem a cool and normal thing to do. You rarely see the deadly consequences of smoking

This problem is largely due to Ontario's lenient film rating system. Most movies shown in Ontario are rated for youth audiences (G, PG, 14A). In 2014, 90 percent of movies that featured tobacco use got away with a youth-rating in Ontario, compared with only 53 percent in the U.S.

It is common knowledge that most people start smoking before the age of 18. My grandfather passed away from lung cancer as a result of a smoking addiction he started in his youth.

A simple and obvious step to ensure children and youth are not conditioned to think cigarettes are cool or normal is to require all movies that are awarded a youth-rating in Ontario be smoke-free.

The Canadian Cancer Society has been advocating for this change for years but the Ontario Film Review Board, which has the power to do this, says they need to hear from the community.

Together let's stop movies from inspiring a new generation of smokers. Visit <takeaction.cancer.ca> to show your support for #SmokeFreeMovies

Sincerely, Jacob Hoytema, Lanark County Resident and Youth Advocate for the Canadian Cancer Society, Ontario Division



(Above) Luc Biggs writes: "My brother Dan Biggs won a trip for four last year to Oktoberfest in Munich Germany. It was LIVE 88.5's 'Win what you want' contest. This picture is of myself (holding the paper) and my brother (Dan) at the actual festival, aka Münchner Oktoberfest."

Thanks Luc and Dan — if we won what we wanted, we just might head over for Oktoberfest too!

(Below) Back in early 2013, Allan Stanley found himself in London during the brouhaha surrounding the royal birth. He wrote: "Here is a photo of me in front of the Lindo Wing at St Mary's Hospital (right after baby George was born!)." What — no photo of Kate and George reading the Humm? (Just kidding – thanks for the great shot!)



Fundraiser for the Arnprior Humane Society

On Saturday, October 17, the Arnprior and District Humane Society will be holding its annual "Fill 'em up" Supply Drive at the Arnprior Pet Valu (3 Arthur Street). Help the Humane Society to fill its trunks with much needed supplies, from 10AM to 4PM. Among the items needed for the shelter are cat and kitten dry and canned food, liquid laundry soap, bleach and paper towels. There is a full wish list on the society's website at <arnpriorhumanesociety.ca>.



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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

By email or on disk.

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Thanks this month to:

Our wonderful families! In particular this month: Cori for coming home for a nice long visit, Richard and Kirk for showing us such a great time in Rhode Island, and Sally and Bender for the early Thanksgiving dinner!



www.thehumm.com

October 2015

Zoë Lianga — Fabric Never Felt or Looked So Good

she was mountain biking with her partner Ben Hendry across the North Island of New Zealand. It was love at first sight.

by Sally Hansen

Zoë looked up the artist, Raewyn Penrose, and convinced her to teach Zoë her wet felting techniques. The artist's response was extraordinary; not only did she teach Zoë the basics, she invited the itinerant couple to move into her warehouse studio while she did so.

Zoë spent the rest of the cycling trip learning about and collecting samples of luxury wools like Merino and alpaca. When she returned to Canada, she pursued her new passion in Chelsea, QC, a

fibre-friendly community. Her first show was in Cobourg in the winter of 2013, where she showed small felted wall hangings, neckware and flowers. Less than two years later, Lianga is a participant in the Perth Autumn Studio Tour on Thanksgiving weekend, a featured artist at Almonte's General Fine Craft, Art & Design, and has been invited to participate in two innovative fashion evenings this fall in

The wearable art, the functional garments and the personal and home accessories she produces provide Lianga with an endless canvas for her creativity and ingenuity. By making her own felt fabrics from combinations of wool, plant fibres, silk, lace and other fabric, she can fully express her artist's eye for colour, texture, patterns and design. Her soft, delicate, gorgeously coloured and patterned scarves and cowls, showcase her talent for creating wearable works of art. Fresh, whimsical, felted flowers decorated with beaded stamens and feltcovered stems reflect her playful originality. Beauillustrate her versatility.

Zoë loves the satisfying tactility of felting. She plays with the nuno felting technique — incorporating very fine, open-weave, natural fabrics into her base layer of wool. The wool or plant fibres work their way through the weave in the fabric, becoming one in the felting process. She uses Ontario cria alpaca wool, and camel, yak, merino, bamboo, build her fibre canvases. She dyes some of her fab-

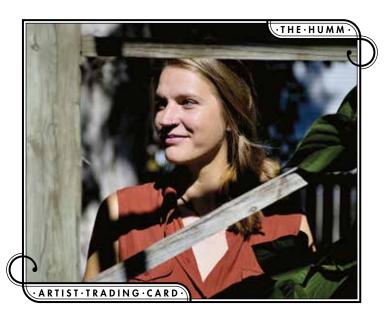
Perth fibre artist, felt maker and designer rics with natural plant dyes (most of which come Zoë Emily Lianga discovered her artistic from her garden) and incorporates carefully selectcalling when she dropped into a gallery as ed and beautifully patterned recycled silk, lace, and fine cotton fabrics. The process involves hot soapy water, prolonged repetitions of rubbing, rolling, kneading and rinsing, and provides infinite possibilities. Each piece is unique; each felting session is exploratory and exciting.

> Like most overnight success stories, Lianga paid her dues. After sampling courses in pattern making and sketching, she completed a two-year course at the Richard Robinson Academy of Fashion Design in Ottawa. She perfected her haute couture sewing and design skills, designed patterns and studied the history of costume. Then she decided to augment her rural background of growing up in Brooke Valley, a tiny hamlet west of Perth, by experiencing a big city; she investigated textiles while working part-time for a Toronto weaver.



Doing What She Felt Like

What do you do after you've been a competitive swimmer, a lifeguard, a science major at McMaster University, spent a year snowboarding and working tiful functional items like knitting bags and purses at Whistler, and you've met your partner planting trees together in B.C.? If you've been contemplating midwifery as a career and your sister gets pregnant back in Perth, you go home, rediscover your roots, and break your own record in the Haggis Hurling Contest at Perth's Kilt Run. You find out that you've really missed the people and the places you grew up with. Today, still in their twenties, Zoë and Ben are looking for the ideal spot to settle down where Ben, flax and linen rovings from all over the world to now a heritage stonemason, can build their home,



Zoë can have a studio/gallery, and the two can follow their hearts and do well what they most like to do.

Heartfelt

Lianga's eventual choice of artistic outlet complements her personality — creative, endlessly versatile, surprising, demanding, and rewarding. Her chosen medium is well suited to transform a potential flaw into an asset. After achieving top grades in all her academic subjects throughout high school, she dropped out of her art class. She took too long. She planned too much. She was meticulous — not OCD, just borderline OCP — Obsessively, Compulsively Perfectionist. Today Lianga manages these tendencies to produce an outstanding quality of work. Combined with her endless creativity, artistic talent and boundless energy, her attention to detail and pursuit of excellence elevate Zoë Emily's creations from craft to art.

A well-known adage claims that when you follow your heart you find your peace, you ignite your passion, and you discover your purpose. Zoë's passion for felting is evident in her art works. It is the reason her fashions will be on the runway at Art in Fashion 613 at the Library and Archives Canada building on Wellington Street on October 17 <artinfashion613.com>. It is the reason Lianga is participating in the Rockcliffe Home and Art Show on November 7 and 8 at the residence of the Ambassador of Ireland at 291 Park Road in Ottawa <tenvisionsofjoy.wordpress.com>. And it is the reason I predict this young woman is going to make a mark for herself in the fashion world.

A Thanksgiving Treat: The Perth Autumn Studio Tour

Lianga's unique wearable and functional fibre art will be on display Thanksgiving Weekend, October 10–12, during the popular annual Perth Autumn Studio Tour. She will be sharing space at Studio 3 with artist Catherine Orfald in her studio at 1848 Old Brooke Road. To round out a can't-be-missed holiday opportunity, they will be joined by artist Wayne Williams, jeweller Stephen Clark and chocolatier Ludwig Ratzinger — treats for the taste buds as well as the eyes. Check <perthstudiotour.com> for full information on the countless other treats in store at five more studio stops, as well as the Fieldwork Art Project and a Harvest Lunch served in the very school that Zoë attended as a child.

Check in at <thehumm.com> to see more examples of Lianga's heartfelt art, and check and file her Trading Card to contact her. The internet provides many instructional videos, but signing up for a lesson or project workshop with Zoë is a much more productive and enjoyable option.



WHO Zoë Lianga

·THE·HUMM ·

WHAT Fibre artist, felt maker and designer

WHERE Home Studio, 120 Drummond St. E, Perth, 464-2105, <zoeemily.ca>; General Fine Craft, Art & Design, Almonte, 461-3463, <generalfinecraft.com>; Bittersweet Gallery, Burnstown, 432-5254; Riverguild Fine Crafts, Perth,

WHEN Perth Autumn Studio Tour, Thanksgiving Weekend, Oct. 10-12, 10AM to 5PM, Studio 3, 1848 Old Brooke Rd. <perthstudiotour.com>

"Manipulating fibres and building felt into func-WHY tional works and art pieces is full of surprises, lessons, and rewards."

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This Month's Most **Important Article:**

do something grown-up, formal, and serious. We both put on Sunday clothes, and Mom chose her jewellery with special care.

by Glenda Jones

than a little excited. I even got to sit in the front seat of the car, always a treat. We were on our way to vote, and Mom was going to let me share the

rity business, but I was allowed, nay encouraged, matter anyway, their vote was only one. So what to trail along at her side as she registered

with the officials, got the official ballot, and we sequestered ourselves in the little curtained booth. She quietly read me off the names, none of which I knew of course, and she showed me how just making her neat little "X" next to the right name meant she was having her say. I was really impressed: my own mother could tell the whole government how they could run the show just by making her mark.

Wow, there was power!

Politics was a touchy subject in our house, not because there were arguments over it, when the campaigning has gone on since God made but because my father was a large "C" conservative with relatives buried within spitting distance tion and weigh the candidates carefully. We need to of good old Sir John A. Not only that, my dad had listen, to ask, to respond, to discuss, to engage in the worked in Prince Albert in the same building as process, not ignore it as a "ho-hum", big fat expense John Diefenbaker, and no finer orator or gentleman of money and time that generates hot air enough to walked the face of this earth than John D. My dad told all and sundry his leanings, while Mom held her cards close to her chest, as any good bridge player would, and never divulged her choice at the possible candidates who will govern our country ballot box. There's where the subject got touchy: through some trying times over the next four years, Mom wasn't supposed to cancel Dad's vote!

We were always allowed to go with our parents to vote, which instilled in us the notion that indeed we could make a difference, if in no other way than to learn the procedure, think about our choices, got to be teenagers, we realized there really was another choice other than conservative, and if we re-

When I was ten years old, my mother ally paid attention to the issues, we might be able to promised me an adventure. We were off to make a decision all on our own. Further, we understood the value of "secret ballot" — don't ask, don't tell; think for ourselves, make our own choices.

I remember the first time I was in the little cur-This wasn't going to be a regular go-to-the tained booth all on my own. I took a deep breath market morning, and I tell you, I was more and, channeling all the times I'd been there before with Mom, I picked up the stubby pencil and made my mark! Proudly, I marched the folded ballot back to the scrutineer. I thought there should have been some ceremony for a first time voter, but no, I was indeed a grown-up just doing what grown-ups are supposed to do.

I was horrified when some of my friends declared This would never happen now with all the secu- they couldn't be bothered to vote, that it didn't

> if the best person lost by that one vote? What if the next party to be in pow-

> > er declared they were not ever going to let anyone vote again, since there were people who couldn't be bothered? Have you ever seen a new Canadian voting here for the first time in her life? She takes it so seriously and cherishes the experience in such a way that insouciance should be a

Even when our riding has elected one party since time began, we cannot be complacent; we have

complete embarrassment.

to see what all the parties are offering. Even the little green apples, we have to keep paying attenfuel us for the entire winter. We aren't compelled to vote the same way our parents did, or even the same way we did the last time. We are electing the best and it is our responsibility to do it with diligence.

Now, get out there and do your homework! Don't just toddle off to the voting booth and tick off the first name you see. Take an interest, take some pride, and for goodness sakes take some knowledge with and vote with good conscience. About the time we you, and do what is expected of every Canadian citizen who cares whether our country succeeds.

VOTE!

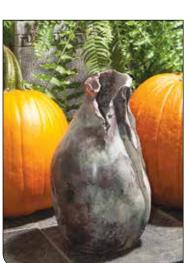


Crown and Pumpkin — Keeping it Fresh and Exciting!

A few days ago I was telling a friend that I would be participating again in the Crown and Pumpkin Studio Tour on October 10, 11 and 12, from 10AM to 5PM each day. He remarked that it must be difficult to keep things "fresh" so that people will return each year, and also to attract new visitors to the tour. I told him that it is a fine balance that we strike. There are returning artists and artisans on the tour who are experienced at keeping their creations new and appealing year after year. These folks have quite a following and form the mainstay of the tour: jeweller Barbara Mullally, potters Saskia and Sietze Praamsma, painter Kaija Savinainen-Mountain, and many more.

But we also strive to bring in new talent, such as young up-and-coming animation artist Jade Armstrong. Jade exhibited at Comicon this past May, and will be drawing caricature portraits for people at Culandubh Studio during the tour. Other newcomers include Blue Hen Farm with the Art of Heritage Farming; the fantastic Artcore Décor that was featured in an article in the September issue of theHumm, and many others. There is a rich variety of fascinating artists and artisans: a pewtersmith, jewellers, painters and illustrators, a maker of natural skin products, weavers, milliners, a traditional Korean papercrafter, a glass blower, photographers, sculptors, potters and ceramic artists. All of whom are offering products of quality, creativity and integrity!

The mandate of the Crown and Pumpkin Studio Tour is to provide a distinctly non-retail experience that showcases the artistic diversity of Mississippi Mills by bringing people to the artists' and artisans' own studios. And non-retail it truly is! Many of these creative and unique spaces are worthy of being in a house tour — sculptor Diana



October 2015

Jackson's Meristem House, where she has sculpted many architectural features in the house; the Praamsmas' historic house with a large rock (featured in the Ottawa Citizen two years ago); the unique button entrance of historic Moondance Gallery; Union Hall (built in 1857) with its brand new mural of the historic landmark, the Floating Bridge; the eclectic Castle Gallery at Culandubh Kennels; and many more. It is a glimpse at how these creative minds express themselves in their own surroundings. It is also

Artists in Their Natural Habitats...

One of the fascinating things about going on a local arts tour is the opportunity to explore the studios themselves. In the case of Diana Jackson, who will be participating in this year's Crown and Pumpkin Studio Tour in Mississippi Mills, her home is as much a work of art as her ceramics and jewellery!

Diana explains: "I bought the property near Clayton because I was charmed by so much natural diversity on a 5-acre parcel of land. In 2003 my husband Doug and I worked with Peter



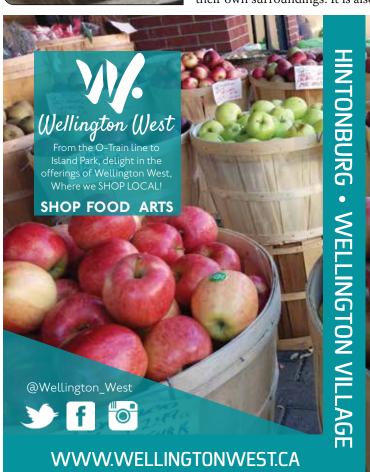
Mansfield to come up with a design for a house. We've spent the last eleven years finishing and landscaping, much of the work done ourselves or by local tradespeople and artists with many hand-built details." In her case, art not only decorates the house and grounds — it is also integrated into some of the structural elements such as the fireplace and the pillar near the front door

Diana's recent work draws on both her surroundings and her technical training to focus on contrasts between our organic and technological worlds. To find out more, visit <dianajackson.ca>.

the unique studio anchored on an opportunity for visitors to speak directly with the artists, learning a large rock (featured in the *Ot*- about how they make what they do and what inspires them.

The "Pumpkin" in the Crown and Pumpkin logo is a symbol of the rich agricultural heritage of the region. That includes syrup from our maple trees, which at this time of the year are in full splendour. Master Gardener Ed Lawrence has said that the drive on Wolf Grove Road from Almonte is one of the prettiest in the Ottawa Valley. The Crown and Pumpkin Studio Tour has been taking place in the Clayton and Almonte area since 1996, and has been successful in creating an enticing event that tantalizes your senses year after year. So come on out to this amazing free tour. For more information, check out <crownandpumpkin.com> or find us on Facebook.

— Laurel Cook









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Fall Colours in Westport

On Thanksgiving weekend, the artists of Westport open their doors to visitors once again. The beautiful village and surrounding landscapes are beckoning, inviting you to take a drive and enjoy the scenery on October 10–12, for the annual **Fall Colours** stained glass. Gregori is new to the Tour.

winding road that descends from Foley Mountain, port and so much talent and good work is certainly one can take in a panorama of the village and its surroundings. Three bodies of water await: Westport Pond, Upper Rideau and Sand Lake. Streets are lined with trees, gardens are alive with bushes and fall flowers, and parking is never a problem.

Six studios in the village await the public. Shirley Mancino, who offers dramatically different mixed media paintings, is an established member of the Tour. At "Art on Centre", David Church and Delvalle are showing their wearable art, sculptures and unique clay pieces. They are hosting Karen and Steven Henderson with recycled art, as well as Roch Laviolette's fine woodworking.

Sharon Benson is new to the tour; she creates sculptures with fabric that has been treated with a hardener, creating pieces that work indoors and out.

Expect to be delighted at Papillon Press, where you can get a demonstration on an antique letterpress by Chantal Bennett-Kimmel and Joel Kimmel, two accomplished illustrators. Their guest Jeremy Harder is showing his mixed-media landscapes for the first time on this tour.

You will find Nicole McGrath's oil paintings (plein air as well as studio work) and Margot Rothwell's home décor accessories at Studio #6. There was a change in address from the brochure — it will now be held at The Rothwell Stone Cottage on Main Street, and will be well marked with signs.

Jenepher, a newcomer to Westport's Fall Colours Tour, is a guest at Isidora Spielmann's studio. Jenepher kiln-forms functional and decorative glass bowls, and will also bring her hand-dyed scarves. Karen Bell, another guest at the Spielmann studio, offers soaps and bath products made with top quality oils. Isidora's coats are always full of colour, whimsy and elegance.

Please take a drive a bit out of the village, to visit Ditty van Tol in her Burridge Farm Studio. She is a multi-media artist, painting on bowls and chairs. Bert van Tol, an outstanding gold- and silversmith, works wonders with metals and precious stones.

A bit southwest of Westport lies the Enchanted Forest, the longest standing member of the Studio Tour, nestled in the forest on McAndrews Road. Brian Mantrop's photographs will be on display in his original studio. Kathy Cashman, with her fine clothing, is host to David Maracle, an internationally award-winning sculptor and musician, and to Gregori Robinson with some of his incredible

Usually the weather is pleasant, so whether you Driving from Perth to Westport, along the are coming for the first time or for the tenth, Westwell worth the drive.

> Visit <westportstudiotour.com> for more information on all the artists and studios on this year's Fall Colours Studio Tour.

— Isidora Spielmann



Fleece coat detail by Isidora Spielmann, one of the participants in this year's Fall Colours Studio Tour, taking place in and around Westport over the Thanksgiving weekend

Writers Reading

The Westport Arts Council's 8th annual Writers Reading event takes place at the Westport United Church from 1–5:30PM on Saturday, October 3, and features award-winning authors Frances Itani, Eric McCormack, Ken Mc-Googan and Alison Pick.

Tickets are \$15 for adults and \$12 for seniors and students, including refreshments. They are available at Murphy's Barber Shop and The Cove in Westport, as well as at the door, if available. For more details and information about the participating authors, please visit <westportartscouncil.com>.



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A Little School with **Many Hearts**

When the bell first rings in the new school year at Brooke Valley School, the students, teachers and parents hit the ground running. The children, filled with summer memories to share, begin by shaking out the cobwebs in their brains. Then they get down to work researching and displaying all their new projects in Science, Social Studies and French. The parents set up planning meetings to start their first task: fundraising the money required to operate the school. This is a happy task that connects the school to the larger community.

Each Thanksgiving weekend since 1993, Brooke Valley School has prepared and served the lunch for the Perth Autumn Studio Tour. Artists from the area showcase their own creations during this tour. Many of the artists donate a piece of work to be auctioned off to raise money for the school. And the school is very proud to be part of a studio tour of such high craftsmanship and quality.

The school is also proud because many former parents and alumni return year after year to donate their time and expertise in the preparation and delivery of the lunch. Laurie, Dee and Janice are still coming back to make the veggie chili. After so many years, Bridget and Joanne have perfected the art of making the meat chili. Christa Deacove's cakes — have you seen them? They are amazing! And, Hinda's apple and rhubarb white chocolate cakes are "to die for". Sylvia van Oort, owner of Sylvia's Plant Place, donates colourful flowers and gourds to decorate the tables. Barnabe's Independent Grocer and Canadian Tire give the school pumpkins event! You make the Perth Autumn Studio Tour a for the kids to sell. The Little Stream Bakery donates over forty loaves of their handcrafted, organic erating, and we thank you for that! To find out more, sourdough bread — how wonderful!

Thanksgiving weekend arrives, and you can literally feel the excitement in the air as the Perth

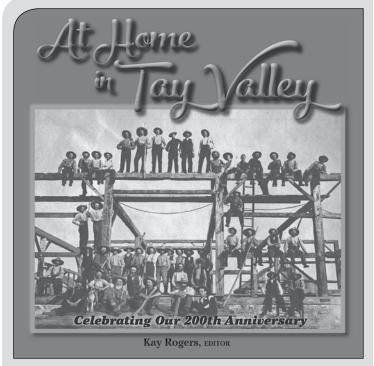


The good folks at Brooke Valley School look forward to serving you lunch during this year's Perth Autumn Studio Tour over the Thanksgiving Weekend!

Autumn Studio Tour signs are erected. The Tour runs October 10-12, from 10AM to 5PM daily, and Brooke Valley School opens for lunch from 10:30AM to 3:30PM each day. As you enter the building, the wonderful aromas from the luscious soups and baking dance in the air. Students and adults from the past and present work side by side in what is an obvious happy reunion.

But you... You are the most important part of this success! You help to keep Brooke Valley School opvisit
brookevalleyschool.weebly.com>.

— from all the parents, children and teachers at B.V.S.



Celebrating Tay Valley's 200th Anniversary

An enthusiastic crowd packed EcoTay Centre in September to mark the kick-off of Tay Valley's 200th anniversary celebrations and to launch the new book At Home in Tay Valley.

The book's editor, Kay Rogers, explained that it came together as "the result of a writing bee, an interviewing bee, a photography bee, and a behind-the-scenes supporting bee. If everyone who contributed could be here today, there would be well over 60 people — a terrific demonstration of community collaboration."

The net proceeds from the sale of *At Home in Tay Valley* will be directed to an annual history scholarship for a student graduating from either the Perth and District Collegiate Institute or St. John Catholic High School, who has been accepted into an apprenticeship, college or university program, and who has demonstrated a keen interest in history.

At Home in Tay Valley is being sold for \$30 from the Tay Valley Township Office, the Perth Museum, The Book Nook, The Bookworm, Sunflower Bakery and the Village Green, and as an ebook on electronic platforms.

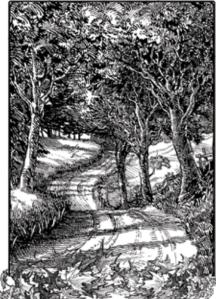
Perth Autumn Studio Tour Thanksgiving Weekend

Oct 10, 11, 12

10:00 - 5:00

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Artist profiles, images of their work, and a map are available on the website:

www.perthstudiotour.com

Phone: 267-5237

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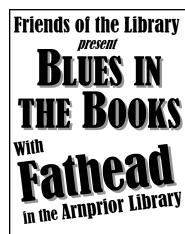
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Get To Know Your Film Clubs

of a film society, is an enriching and delightful experience that more people need to participate in. And the fact that our area has such societies is impressive in its own right. As an avid film buff and lifelong fan, I was shocked to have been so unaware, discovering these local societies only recently, which is indicative of the unfortunate detachment these kinds of societies have from the populace — more people should know about them!

by Matt Roche

The joys of film clubs are endless for those who take the plunge. The chief reason being, of course, that you get to see some great films that you otherwise could not see in the mainstream theatres. And instead of packing into multiplex theatres like sardines, the smaller, more intimate venues of the film societies not only give you a more palatable setting to enjoy your films, the whole atmosphere is different. It embraces culture. It practically breathes

Smiths Falls' **Station Theatre** is one of these admirable venues. I visited it for the first time last month for their screening of Stanley Kubrick's 2001: A Space Odyssey. I had not been to the station for years, not since it had closed down. I had no idea what the local community there had done to the place. The old colours and cold ce-

tion I remember have been replaced with tasteful architecture. It's buttressed and aided by a group of lovely individuals who care deeply for the arts and are in full support of this wonderful society of which they are a part. It's all so impressive and enticing. With support from the community, and from the community alone, they have

viding us with diverse artistic performances in live theatre, film, literature, music. Be sure to take the time and visit.

The Station Theatre also happens to rent out their venue to Film Night International, a "non-profit group run entirely by volunteers in partnership with the Film Circuit, a division of the Toronto International Film Festival Group." This is a group we need to keep an eye on. With screenings in Smiths Falls (Station Theatre), Brockville (Galaxy Cinema) and Perth (Full Circle Theatre) — not to mention

continuously providing us with a wonderful array of films.

Just to give you a taste, this fall, Smiths Falls and Perth will be showing *Learning to* Drive, starring Ben Kingsley and the incomparable Patricia Clarkson, as well as Living is Easy with Eyes Closed, the touching film

Going to a film club, or being part ment and grey bricks of the VIA Rail Sta- about one man's journey to meet his idol, John Lennon. It was Spain's Foreign Language Film submission to this year's Oscars. Also on the roster is Atom Egoyan's latest film, Remember, starring acting giants Martin Landau and Christopher Plummer, about a man who finds that the Nazi commander who murdered his family some seventy years ago is living in America under changed it into a splendid local venue, pro- an assumed identity. Brockville will show



This month Matt Roche checked out the Station Theatre in Smiths Falls and found it to be an excellent movie venue!

the other 200 across Canada — they are screenings of Ken Loach's latest film Jimmy's Hall, which premièred at last year's Cannes Film Festival to rave reviews. It's a wonderful, politically-charged and insightful film from an intelligent and insightful filmmaker. This November, the Brockville theatre will also screen Beeba Boys, Indo-Canadian director Deepa Mehta's latest, about a group of Sikh mobsters who take over Vancouver, as well as Irrational Man, Woody Allen's most recent effort starring Joaquin Phoenix.

> And this is just the tip of the iceberg. Look for all these theatres' full fall schedules, soon to be released. You can get the information here in the Humm or online at <filmbrockville.ca/films.html>, <filmnightinternational.blogspot.ca> and <smithsfallstheatre.com>. They can also be found on Facebook.

> Reaching a larger, even a younger audience, should not be so difficult. But as trends and influences and tastes change over the generations, you basically have to promote as best as possible and hope for a big turn

out. As far as I'm concerned, there is nothing more enjoyable than watching a movie and discussing it afterwards. Film societies present that kind of opportunity for us, offering the joys of both opposing views and harmless banter. In the case of the Station Theatre's screenings of classic films (which is such a wonderful idea), we may have seen these films many times before, or not since childhood, and we sometimes feel differ-

> ently about the film since we saw it last. In talking about it, we have the opportunity to ask ourselves "Was my original assessment wrong? Was my opinion faulty? Have my tastes changed?"

> Sometimes you get different sensations from watching a film on the big screen as opposed to catching it on television. There's the excitement of arriving early to a theatre, entering that dark, airconditioned room, and finding your favorite seat (I always try to find the middle-most seat — halfway up, halfway in), or feeling the temporary rage that sets in when someone's found it before you. Or discussing the coming attractions,

when we all become critics for a brief moment. It's the atmosphere, the talking about it, the immersing yourself in it, the conversations — particularly with other like-minded individuals — that makes these film societies so magical and worthwhile. I cannot explain the overwhelming joy I felt after the 2001 screening, when every single person in the theatre sat right past the end of the credits. Even if you are not interested in that sort of interaction, the movies themselves are worth the visit.

So many genres, so many styles, films from foreign countries, independently produced and financed films, filmmakers and actors you've never heard of, films that are artistic and not just pop culture fodder: these are the movies being shown and being embraced by our film societies. It's not just fun to see and fun to discuss; it's almost important that you should be aware. So, be aware. I can only suggest checking out your local film groups, but I can confirm it'll be worth it.



26 invited ceramic artists from Ontario and Québec

Glebe Community Centre 175 Third Avenue Ottawa

Opening Party - November 13 from 6 to 9 pm November 14 and 15 from 10 am to 5 pm

exhibition and sale ~ free admission ~ info: 613 256-6522 ~ www.260fingers.ca

Film Group at the O'Brien in Renfrew

This year there are big changes to the edies you won't see anywhere else, there's schedule for the long-running Renfrew something for everyone who's looking for Film Group. Rather than one film ever sec- more than the latest action blockbuster. ond Wednesday through the autumn and winter, there will be two films per month, of the series, and they offer a discounted shown in the same week. Each film will be rate. However, it is not necessary to be a shown twice, to increase audience's op- member to attend. Schedules are published tions. Both films will screen on Sundays in September and December covering the (make it a double bill with a dinner break!) and each will repeat on either the Monday or Wednesday of that same week.

What won't change is the quality programming. Film Group offerings are carefully selected from a range of film festival favorites from around the world. From award-winning foreign films to great music documentaries to independent com-

Memberships are sold at the beginning early and later portions of the season.

These Film Group screenings will be in addition to other exciting unconventional programming throughout the week, including Operas from the Met and Classic films brought back to the big screen. Check <obrientheatre.com> for up-todate listings, or sign up for monthly email reminders at <theatre@nrtco.net>.



A Great Harvest of **Country Music in CP**

This year marks the seventh anniversary of the annual Country Harvest Music Show in Carleton Place. The event takes place on Sunday, October 18 at the CP Arena and, as always, promises a line-up of great local talent and a thoroughly enjoyable evening out.

Seven years ago, Bob White and Andy Bowes (of the Bowes Brothers) decided to organize a great annual country music show that would take place in the fall, after all of the county fairs were over for the year. The name "Country Harvest Music Show" seemed appropriate, and they have been growing the event ever since. The concert always sells well, so in order to enjoy the comfortable, family-friendly atmosphere and fabulous line-up, you're going to want to grab your tickets in advance.

Andy's job is to pull together the line-up, and this year he is proud to present Dan Paul Rogers, Davey Drummond, John Bowes and Clarence Bowes. Well-known emcee and "voice of the Ottawa Valley" Charlie Kitts is adept at reading the crowd, and knows all of the entertainers well Arena Building Fund. enough to rib them between sets. In fact, Charlie himself inducted appeal to a wide range of ages, headliner Dan Paul Rogers into the Ottawa Valley Country Music Hall of Fame back in 2011.

The house band also reads like a who's who of the Valley country music scene, featuring Brad Scott on lead guitar, Andy Bowes on bass, Wade Foster on fiddle, Brian Ostrom on steel guitar and

October 2015



Ottawa Valley Country Music Hall of Famer Dan Paul Rogers heads a stellar line-up at this year's Country Harvest Music Show on Oct. 18

Ken Post on drums. And if that accessible and there is plenty of weren't enough to tempt you to free parking. Bob encourages come out, the whole show raises attendees to dine in downtown money for the Carleton Place Carleton Place before the show.

In order to make this concert Bob sets up the arena with fall show starts at 7PM. Tickets are harvest décor and theatre-style only \$15, and are available from seating so the audience can expect a relaxed, sit-down atmosphere. Bob enthuses that "there's not a bad seat in the hall," and adds Pakenham, and Mark's Cobbler that "the sound level is enjoyable — you won't leave with your ears ringing." The arena is also fully

Doors open at 5:30 for "social time", and coffee, desserts and a cash bar will be available until the the Arena, Carambeck Community Centre and Graham's Shoes in Carleton Place, Nicholson's in Shop in Perth. For more information, you can contact Bob White at 253-5046.





We want to thank the community for their generous donations and continued support. Here is our current wishlist of items for the shelter:

- Laundry soap & bleach
- Paper towels & toilet paper
- Hand sanitizer
- Pedigree Pro Plan Dry Dog Food and Pedigree Canned Dog Food
- Canned Kitten Food Presidents Choice, No Name or any other kitten food
- Canned Adult Cat Food
- residents Choice Non Clumping Cat Litter or any other non clumping litter
- Dog and Cat Medical Weight Scale
- Medical Exam Cabinets (metal)
- Cat scratchers for cages

Items can be dropped off at: 253 Glenview Road 11AM to 4PM daily.



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How would you like to take our music program, make it your own and help us build for the future?

St. Andrew's United Church

in Pakenham is looking for a pianist/music director

You would be responsible for working with the Minister to set music for services, managing the senior choir and occasionally working with the Sunday school children.

Remuneration is \$8,000-\$12,500 depending on experience, credentials and education. It is a two year contract, 47 weeks per year, and we are open to job sharing.

A complete job description can be found at:

standrewsunitedpakenham.org/employment-opportunities.html.

Please submit your résumé, including references, and your availability for an interview between October 27–29, by e-mail to: rjtees@hotmail.com no later than October 22, 2015.

Pick up the Humm in Carleton Place at THE GRANARY

The Almonte Lectures

30 October

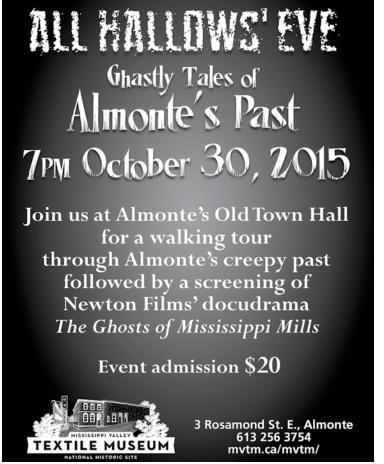
Alzheimer's: What to Remember Graham Beaton

Next Lecture: 4 December

Landscaping: Career Conflicts

Allan Goddard

All Lectures: 7:30pm in the Almonte United Church Hall For information: almontelectures.net





www.thehumm.com

Humm Bits

The Art of Japanese Flower Arranging

The speaker at the October 7 meeting of the Carleton Place & District Horticultural Society promises to offer an exciting and different experience from the usual flower arranging demonstration. The topic is Ikebana: Traditional Japanese Flower Arranging. Rebecca Cragg is a licensed practitioner of Ikebana (Saga Goryu School). The presentation will feature an introduction to the ten basic forms of flower arrangements and a short demonstration of three of these forms. There are hundreds of different schools of Ikebana; this presentation will introduce the Saga Goryu School in particular.

The Society meets at 7PM on the first Wednesday of the month at St. Andrew's Presbyterian Church Hall at the rear of 39 Bridge Street in Carleton Place. All are welcome, and there will be door prizes and refreshments. There is a \$3 entrance fee for non-members. For more information, please find them on Facebook.

Passion for Peonies

On the evening of Tuesday, October 13, the Perth & District Horticultural Society welcomes speaker Lana Taylor-Mills to their public meeting when she will share her passion for peonies. Treasured by gardeners of all types, peonies can be depended upon to offer up dreamy early summer displays of large fragrant blooms year after year, decade after decade. Stunning photographs of these iconic garden plants highlight this informative presentation on "Peony Choice, Planting and Care".

This event takes place at St. Paul's United Church in Perth, 25 Gore Street West at D'Arcy. Please only use the D'Arcy Street entrance to the church. Refreshment will be available starting from 7РМ, with the meeting beginning at 7:30РМ. Everyone is welcome. Note that membership in the Society entitles you to discounts at local nurseries and garden centres, and is only \$10 per year; visi-

REAL Serves up a Local Foods Harvest Dinner

A local foods harvest dinner is becoming a tradition for the Rideau Environmental Action League (REAL). This year's October 17 dinner is being prepared by Bruce Enloe of the Two Rivers Food Hub and served up just down the hall in the Gallipeau Centre ballroom.

Come enjoy a delicious buffet meal featuring foods produced close to home in Lanark, Leeds and Grenville, along with some homegrown entertainment and a silent auction. Those interested in a brief tour of the Two Rivers facility can arrive as early as 5:30. A social hour with appetizers and a cash bar featuring a selection of local beers and Ontario wines starts at 6PM, and dinner will be served at 7PM. Tickets are \$60, include a \$20 charitable receipt, and should be purchased in advance at the REAL Deal Reuse Store or Modern Thymes, both in Smiths Falls. Contact Barb at 283–9966 for other ticket options. This is REAL's major fundraiser for the year, so this is your chance to support environmental action in our community. See <REALaction.ca> for more details.

Auditions for Mamet Comedy

BarnDoor Productions will be presenting David Mamet's tale of two actors working through a season of plays at a regional theatre — *A Life in the Theatre* — next February 19–28. Auditions for three male roles (one of them non-speaking) will be held Monday, November 2, at the Full Circle Theatre (26 Craig Street in Perth), starting at 7PM. Come on out and have some fun in a no-pressure audition situation. Expect an open, round-robin, cold read of the show; nothing to prepare.

Help Make Music at St. Andrews!

St. Andrew's United Church in Pakenham is looking for a pianist/ music director. If you would like to take their music program, make it your own and help them build for the future, then they would like to hear from you!

You would be responsible for working with the Minister to set music for services, managing the senior choir and occasionally working with the Sunday School children.

Remuneration is \$8,000-\$12,500 depending on experience, credentials and education. It is a two-year contract, 47 weeks per year, and they are open to job sharing. For a complete job description see <standrewsunitedpakenham.org>.

Please submit your résumé, including references, and your availability for an interview between October 27-29, by email to <ritees@hotmail.com> no later than October 22, 2015.

Charles Dickens in Perth

It's still three months until Christmas, but the County and the Town of Smiths Falls. They provide Lanark County Community Justice Program court diversion services for cases referred by the po-(LCCJP) has already found their festive spirit. The lice services or the Crown Attorney. Restorative jusbusy elves at LCCJP are planning a Christmas funtice is a process that brings together accused persons draiser for Monday, December 7, and they invite and the victims (complainants) in a circle forum, to

to get into the Christmas spirit and enjoy an enevent to be held at the Perth Civitan Club on Highaged ten years and up.

Doors will open at 5:30pm, with time to enjoy some Christmas snacks and sweets, the cash bar and the silent auction. Showtime is 6:30PM and you cases of youth aged eighteen to twenty-five years. are guaranteed to be entertained. There will be a This Christmas fundraiser will help them to fund couple of intermissions to allow you to continue other portions of their operation, and they apprecibidding on the silent auction and sample more ate the community support. of the fabulous and tasty snacks. Who knows you may be able to do your Christmas shopping tact Rina at 264-1558, toll-free at 1-888-264-1558 through the silent auction at this event!

a registered charity operating throughout Lanark tice can be found at <commjustice.org>.

work together to heal the harm that has been caused A Christmas Carol by Charles Dickens will feaby an incident, and to rebuild relationships. Both the ture David Bird in a one-man show. David is well accused and the complainant have the opportunity known in the theatre circuit in Lanark County, but to express how they have been impacted, and they it has been a few years since he has brought this work together to find a solution. The recidivism rate performance to local audiences. What better way for cases referred to LCCJP is less than 5%, while the rate for similar cases in the criminal system is tertaining night out! Take a break from the hustle 30%. LCCJP operates with two part-time staff and and bustle and bring your friends and family to this over forty trained volunteer facilitators. The Ministry of the Attorney General provides a portion of way 43. The performance will appeal to anyone the funding needed for cases involving youth aged twelve to seventeen. LCCJP is also pleased to also be a United Way of Lanark County partner agency. The United Way funding is primarily used to help with

To reserve tickets for this performance (\$20), conor by email at <rina@commjustice.org>. More in-Lanark County Community Justice Program is formation about Lanark County Community Jus-

SF Fall Speaker Series

The Smiths Falls & District Historical Society comin Smiths Falls. The door will open at 6:30pm and mittee has planned their fall schedule and invites presentations start at 7PM. Admission is \$5 per the public to join them for another engaging speak- person; free for members of the Historical Society er series. The Society offers the community unique and Heritage House Museum. Please RSVP if you opportunities to discuss our local heritage, and this are planning to attend any of these presentations, fall is no exception.

On October 22, the Society welcomes Peter Campbell and guest as they trace the history of the Russ Beach Smiths Falls-Montague Airport and the people who made the **Flying Club** what it is today. This is a special video presentation, showing the airport's humble beginnings as a farmer's field and its transition to one of the finest small airports in Canada.

Smith will take us on a journey through the **her**itage barns of Lanark County. Claudia's writings on this area's history have captivated audiences lost piece of Canadian history. Tickets are \$10 per for years and are always sure to offer a unique and thoughtful perspective on our past.

the Heritage House Museum at 11 Old Sly's Road museum at 283-6311.

by calling 283-6311 or emailing heritagehouse@ smithsfalls.ca>. All are welcome!

The Historical Society is also looking forward to partnering with the Heritage House Museum on Sunday, November 1 for the fascinating story of Lost Beneath the Ice: The Search for Franklin's Lost Ships and the Discovery of the HMS Erebus. Jonathan Moore, Senior Underwater Ar-Return November 26, when local writer Claudia chaeologist of Parks Canada's Underwater Archaeology Team, will share the inside story of this exciting discovery and the importance of finding this person and are recommended to be purchased in advance as this event is expected to sell out quickly. Each of these presentations will take place at For more details or for tickets please contact the



Fostering dynamic arts initiatives in the schools of Mississippi Mills.

invites the public to attend their

Annual **General Meeting**

November 17, 2015, 7PM

at The Mills 67 Industrial Ave., Almonte

For more information contact: 613-256-5081

The Mississippi Valley Textile Museum needs members for its Board of Directors

Necessary Skills for members of the MVTM Board:

- · Ability to work with a diverse team
- · Fundraising experience
- · Marketing & communications expertise
- · A background in not-for-profit governance
- · Sustainability & succession planning experience

Do you fit this combination?

Please contact Kathy Priddle

kmpriddle@rogers.com or 613-256-0137 or 613-251-0911 (cell) for an interview



mvtm.ca/mvtm/



LCIH Women's Fair

Looking for a great way to spend a day having fun and helping a good cause all at the same time? Mark your calendar for November 7, 10AM to 4PM at the Carleton Place arena, for the 27th annual Lanark County Interval House Women's Fair. This year's theme is "Rise Up — Be Your Best You".

This year you'll find many familiar vendors and some exciting newcomers, as well as great lunch selections, door prizes, silent auction items and a fashion show too! New this year is a quality artisans' area where you can purchase beautiful oneof-a-kind gifts for yourself or others.

In addition to being a fun and informative event, the Women's Fair is one of LCIH's major fundraisers, so bring your friends and spend the day!

Lanark County Interval House is the only dedicated anti-violence organization in the County. From their support services, crisis line and emergency shelter, to outreach services and public education, LCIH is reaching out, rising up and supporting women's empowerment, strength and courage. They appreciate the support of the community, as it is an integral part of the foundation, so they hope to see you at the fair. For more information or to be a part of the event, please contact Fundraising Coordinator Pam Cupak at 257–3469 x27, or visit <lcih.org>.





This year's Women's Fair — one of the major fundraisers for Lanark County Interval House takes place on Saturday, November 7 at the Carleton Place arena. Numerous vendors will be participating this year, offering handcrafted items, clothing and handmade skincare products.

Makeover Day Draw

LCIH is searching for two lucky women to take part in the new Rise Up — Be Your Best You makeover on Friday, November 20. You can enter the draw through an online nomination process until October 31. The fee to nominate yourself or someone else is \$10, and all proceeds will go to Interval House. Tickets will also be sold at the Women's Fair until 2:30рм on November 7, with the draw taking place at 3PM that day at the Carleton Place Arena.

Two individuals will be selected and will each win a complete makeover by Mahogany Spa for them and a friend, which will include a cut and style, make-up, manicure and pedicure. After the day at the spa is complete, they will be picked up by a limousine and brought to the Violet Femmes Gala at the Almonte Arena where the two winners and six additional friends will enjoy an evening of fine dining, entertainment, silent auction and more.

Lanark County Interval House is a not-for-profit organization supporting abused women and children throughout the county. All contributions for both nominations and the makeover will be donated to Lanark County Interval House. For more information or nomination forms, visit <lcih.org>.

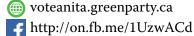




A Canada That Works.

Anita Payne

Lanark-Frontenac-Kingston



ブ @AnitaPayne111

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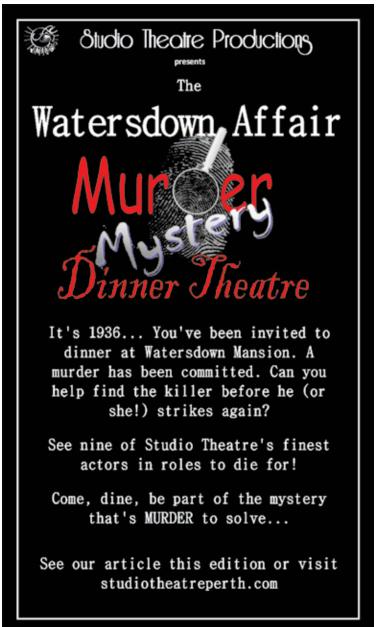
To register, visit:canadiangolfclub.com/communityinvolvement

www.schoolbox.ca

Info: 613-256-5059







The Shambles are Coming!

Great Music for a Great Cause

portant cause these guys are passionate about.

The Shambles — five guys who play classic Roy Orputting the power of their music to work in support of breast cancer research. On Saturday, October 24 at the Perth Legion, drummer Paul Roach, bassist Chris Cook, guitarist/keyboardist Alan Temple, guitarist Ted Hunt and singer Paul Joyce, along with guest performer Teresa Scott, will have you wearing out your dancin' shoes, playing all the great rock and roll music endars, and pick up tickets for a great night of music, we grew up with all in support of the Canadian Cancer Society for Breast Cancer Research.

time raising money for this charity. "Breast cancer Perth. Don't miss it! Call 326–0218 for details.

research is a cause that people can really get behind," says Roach. "Last year I painted my fingernails pink and went around the community asking people for support. Who knew you could raise nearly \$600 with a smile and pink nails? It felt good, and this year the band is hoping to do even more for cancer research."

Merchants in Perth have stepped up with literally thousands of dollars' worth of donations for door prizes and a silent auction — everything from restaurant gift cards to free pizza to gift baskets and rounds of golf. So far more than sixty different Perth businesses have joined the cause.

"It's incredible how many individuals and businesses have embraced this event," says singer Paul Joyce.

For Perth-based band The Shambles, classic rock "Every single merchant we approached made a doand roll music is a cause all its own. But talk to the nation of products or services. So there's a good band's members and you'll discover another im- chance nearly everyone who comes to this dance will go home with something!"

To recognize businesses that have made donabison, Elvis, Beatles, Van Morrison and more — are tions, each of the band's pink posters has a space at the bottom that says: "Proudly supported by" with the name of the merchant. And because all aspects of the dance have been donated, including the band and the Legion hall, every penny raised will go to breast cancer research.

So mark Saturday, October 24 at 8PM on your calprizes and fun with The Shambles and Teresa Scott at the Perth Legion hall. Tickets are just \$20 each or This is not Shambles founder Paul Roach's first \$35 per couple at Tickets Please and Shadowfax in



Catch some great rock and roll with The Shambles at a fundraiser for breast cancer research taking place in Perth

Restorative Justice Speaker Comes to Perth

throughout Lanark County and the Town of Smiths youth justice referrals from police, the prosecution Falls through the hard work and determination of service, and the courts. the Lanark County Community Justice Program. part-time staff and over forty trained volunteer facilitators successfully delivered fifty-three community justice forums in the last year, providing services to over three hundred people. "Our caseload is largely made up of youth from the ages of twelve to twenty-five," says Executive Director Beth Peterkin, "although we have worked with all ages right up to the senior years." In addition to community justice forums, the organization has started providing training to other not-for-profit agencies in the a variety of conflicts and restore relationships.

erating at one of Atlantic Canada's premier shopyears as the Lead Caseworker at Nova Scotia's largest Restorative Justice agency, overseeing a team of

The use of Restorative Justice practices is growing ten casework staff and managing the annual 700+

In March 2011, Mr. MacIsaac joined the man-Working out of a small office in Perth, their two agement team of Dalhousie University's Security Services as the Community Safety Officer, to help redesign the university's student discipline policies with a focus on promoting restorative approaches. This effort was most publicly recognized in May 2015 when the "Report from the Restorative Justice Process at the Dalhousie University Faculty of Dentistry" was published. Mr. MacIsaac was one of the restorative facilitators in that matter and a co-author of the final report.

The doors open for this Dinner/Speaker/AGM use of restorative practices to help them to resolve event at 5:30pm with a social networking time and an opportunity to view some displays of agencies Lanark County Community Justice is excited to serving Lanark County and the Town of Smiths announce a special event scheduled for Novem- Falls. Dinner starts promptly at 6:30, followed by ber 19, in conjunction with their Annual General the presentation by Jake MacIsaac. The cost for this Meeting. They will be hosting a buffet dinner at the event is \$20 or pay what you can. Tickets must be Perth Lions Hall with Jake MacIsaac as the guest reserved in advance by contacting Beth Peterkin at speaker. Mr. MacIsaac is the Founder and Direc- 264–1558, toll-free at 1–888–264–1558 or by email tor of The Centre, a youth drop-in program op- at <beth@commjustice.org>. The Annual General Meeting, open to everyone, will follow the presenping destinations in Halifax. For over a decade, he tation. Memberships in the Lanark County Comhas been the lead consultant on youth issues for munity Justice Program will be available that even-Halifax Shopping Centre. In addition to his work ing at a cost of \$5 and will enable you to vote at the with the shopping centre, MacIsaac spent over five AGM. For more information about this program, visit <commjustice.org>.

Foodsmiths' Ladies **Day for LCIH**

What do you do when an event is fun, Flora will be on hand to answer your quesentertaining, educational, and a huge suctions about herbs and natural supplements. cess? What else?! Have it again!

That's the premise behind Foodsmiths' 2nd annual Ladies Day in support of Lanark County Interval House (LCIH). It all happens on Thursday, October 22, from noon to 6PM.

As usual, the focus will be on health, with delicious complimentary Foodsmiths Buttered Coffee, LIVE Kombucha, savoury FetaFruit appies, and sweet treats from Delicious Baking, plus fine chocolate

There will also be some great educational features, including infant massage technique by Krista Marks-Cleroux, a reiki demo by Amanda Tyler, information on breast health from Amber Young, and information about pelvic floor exercises from Andrea Picket. Herbalist Traci Rae from



Fundraising Program Coordinator Heather Whiting (right) receives a gift of Mineral Fusion cosmetics for Lanark County Interval House from Diane Sinclair at the 2014 Foodsmiths Ladies Day

Derma E, a natural skincare line from California, will be at the store offering a free skin evaluation with the Emage Pro II, a skin imaging and evaluation tool that uncovers future problem areas by taking high-quality photos of the face with intense magnification in normal, polarized, and UV light. Make an appointment at Foodsmiths to get your free evaluation by dropping in and asking at the Health and Beauty kiosk, or by calling 267–5409.

Enter your name for some great prizes too! Foodsmiths, courtesy of their generous suppliers, will be giving away an AppleTV, a FitBit wireless wristband, and some fantastic gift baskets. While you're filling out a ballot, remember to drop off a donation for LCIH too! Foodsmiths will match dollar for dollar all donations

> made on Ladies Day, as well as donating funds raised for LCIH through their popular Bring Your Own Bag program. For every bag a customer brings in (saving the use of a new plastic bag), Foodsmiths donates 10¢ to a local charity. The program saves thousands of bags from ending up in landfill sites, and every year thousands of dollars are raised for local charities.

> For more information and updated news and events on Ladies Day, visit the Facebook event page "Foodsmiths Ladies

The Cranmer Singers at St. James

You are invited to the service of Evensong being held at 4PM on Sunday, October 18, at St. James the Apostle Anglican Church in Perth. Members of The Cranmer Singers of Ottawa will join St. James' choir to celebrate the Feast of St. Luke, in a service which is sure to be musically memorable. Come early to enjoy the prelude — and stay for the postlude.

The Cranmer Singers are led by Frances Macdonnell, who was the organist and choir director at Christ Church Cathedral in Ottawa from 1980 to 2003 and, before that, the assistant organist. In 1975 she founded the Cathedral Singers with the aim of encouraging young adults to sing, and to bring the Anglican choral tradition, especially Evensong, to smaller churches St. James' about twenty years ago," says complete the service. Frances, "and are looking forward to being there again — it is a beautiful church." Many of the original Cathedral Singers are still singing with the Cranmer Singers, Cathedral.

October 2015

Frances will be playing the Suite Gothique Opus 25 (1895) by Leon Boellmann, with the first three movements in the prelude and the Tocata in C minor in the postlude. The combined choirs will process to the stirring hymn Glorious Things of Thee are Spoken, and the service starts with prayers of worship and penitence, followed by Psalm 41 sung in plainsong by the Cranmer Singers, and Psalm 43 sung by the combined choirs to Anglican Chant. The Magnificat — the Song of Mary — will be sung to Thomas Tallis in the Dorian Mode, and the Nunc Dimittis — the Song of Simeon — is also by Tallis. A homily, congregational hymns, an anthem — King of Glory, King of Peace from a chorale by J.S. Bach throughout the Diocese. "We last sang in and the beautiful and timeless Collects

St. James' Church is located on the corner of Drummond and Harvey Streets in Perth. Travelling west on Highway 7, turn left at the first traffic light as you enter which Frances founded after she retired Perth. For more information, contact the and was no longer so connected with the church office at 267-1163 or check the website <stjamesperth.ca>



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A Cornucopia of Art Around the Valley

Inward at Sivarulrasa Studio

Inward brings two passionate oil painters to Almonte - Ottawa-based Tami For more information, visit <sivarulrasa.com>. Galili Ellis and Toronto-based Mary Wong — two artists who exploit the sublime potential of oils through introspection and personal memory. Curated by Sanjeev Sivarulrasa, the show juxtaposes two sets of evocative paintings: selections from Galili Ellis' series "Elements" (2009-2010) and from Wong's most recent works (2015).

by Miss Cellaneous

Both artists look inward for inspiration, combining aspects of nature with an inner force of compulsion. Galili Ellis draws on her youth in Israel, including childhood memories of lessons in Hebrew mythology and folklore, to create works that are ambiguous and alluring. Wong explores a personal narrative of conflict, hope, and redemption, using an exquisite palette to create complex, richly textured compositions. Beautiful and unsettling at the same time, Inward takes the viewer through



Works by Tami Galili Ellis (above) and Mary Wong are showing at Almonte's Sivarulrasa Studio

and hope. The show continues until October 25.



You'll find a juried selection of works by more than 25 artists at this year's Christmas in the Valley Artisan Show, taking place in Almonte on November 7 and 8

Christmas in the Valley's 28th Year

Are you looking for gifts with originality, quality and attention to detail? Then make a day trip to Almonte on November 7 and 8 to make your first Christmas shopping destination the popular Christmas in the Valley Artisan Show. There you will find a juried selection of over 25 artisans, crafters and bakers presenting their work in a relaxed, friendly and festive atmosphere.

Each year the Valley Artisan Show strives to bring in both new vendors and old favourites to give you a wide variety of handcrafted items for those special folks on your shopping list. Gifts such as sun-catching stained and fused glass, rustic pottery in many forms, scented soaps and scrubs, artwork to enhance a home or office, maple products and gift baskets, folksy reclaimed ceramics and containers, flavoured honey and beeswax candles, twisted wire jewellery and artistic bling to bedazzle an outfit, delicious cakes, cookies and sweet confections, colourful woven rugs and the best tea towels, intricate framed miniature quilts, items sewn or knitted for home and personal use, decorative and useful woodworking items are just some examples of what you will find at this popular Almonte Christmas sale.

Delicious homemade light meals and snacks will be served by the Friends of the Mississippi Valley Textile Museum as a fundraising project. The Lanark Animal Welfare Society will also be collecting

cascading emotions of elation and turmoil, anxiety Canadian Tire money, tinned dog or cat food, loose change and even paper towels — check their wish list at <lanarkanimals.ca>. Admission and parking are free, and you can enter for a chance to win this year's fabulous quilt door prize.

> Bring your family and friends to the Almonte Community Centre's Upper Hall (182 Bridge Street) on November 7 and 8 from 10AM to 4PM to begin your Christmas shopping. Also visit the pretty town of Almonte with its quaint downtown full of boutiques, antiques and restaurants. More information can be found at <valleyartisanshow. blogspot.com> or on Facebook.

Call for Artists and Craftspeople

The 14th Pakenham **Maple Run Studio Tour Association** is looking for a few new artists and craftspeople for their spring tour on April 3 and 4, 2016. The tour celebrates return of spring and the production of maple syrup, with guided studio stops through beautiful and historic Pakenham and the surrounding area.

This year's tour will fall on the same weekend as the "All Things Maple" promotion by the County, as well as the Pakenham Home Show — with the goal of making Pakenham and Lanark County sugar bushes and art a destination for weekend visitors.

For information about a meeting to take place in Pakenham on October 20, check Facebook (Maple Run Studio Tour) or call Barb at 623-5222.

Acrylics Art Workshop

Arts Carleton Place is offering an afternoon workshop geared to artists who paint with acrylics on Saturday, October 17 from 1–4:30pm. It will focus on the use of gels, pastes, gessos, polymers and new products. The instructor is Andrea Warren from Golden Paints. Please contact Jim Moran for information at 257–2276 or <jimmoran@sympatico.ca>.



Zombies in the Bunker?!

On the night of June 21, 1994, a group of scientists gathered in the depths of the Diefenbunker in the hopes of making the latest scientific breakthrough. The terrifying event that happened next has never been disclosed to the public... until now. Using the latest in time-travel technology, we will journey back to that night and discover the bunker's most shocking secret.

This Hallowe'en season, the Diefenbunker will once again partner with The Haunted Walk of Ottawa to present Incident at the Bunker: A Zombie Adventure. Guests will be led on an interactive adventure with the undead, deep inside the labyrinth that is the Cold War Museum. This unique Hallowe'en experience is a perfect combination of storytelling, interactive challenges, unexpected surprises and, of course... zombies.

Visit <hauntedwalk.com> or <diefenbunker.ca> to take part in the area's most ghoulish underground experience! Tickets will be limited and are expected to sell out quickly. Dates include October 10, 17, 24, 25, 31 and November 1, and the experience is recommended for children ages 12 and up.



www.thehumm.com

Expressions of Art

With their fall Expressions of Art show taking place on Thanksgiving weekend (October 9 vernissage from 7–9pm, October 10 from 8AM–4pm, and October 11 from 10AM-4PM), it seemed a good time to catch up with the West Carleton Arts Society. Here's what you need to know if you'd like to attend the show, or even join the group putting it on!

How many years have you been hosting Expressions of Art?

In 1991, the West Carleton Arts Society hosted its first annual show under the plain-Jane name of "WCAS annual art show". More recently, we have called the show "Expressions of Art".

Have you always been at the Carp Agricultural Hall?

We tested out a number of locations, but discovered that our most popular venue was right here in Carp on the Fairgrounds at the Agricultural Hall. This venue is large and has plenty of parking, kitchen facilities and a stage, and is wheelchair accessible. We also thoroughly enjoy sharing the fairgrounds on Saturday with the Carp Farmer's Market.

In the early years, how many artists registered to participate?

house of 35 artists.

new in 2015?

The art works range from realism to abstraction to non-representational. We have painters in watercolour, acrylic, oils and mixed media. We have ous locations in and around Carp, such as the Carp photographers, fibre artists, a printmaker, and a glass artist. Every year there are a few new artists, and the returning ones are always expanding their at many other locations in Ottawa and Arnprior.

What is the artists' stage competition?

When the Arts Society returned to the Ag Hall, we decided that we had to do something special with the stage area, so we gave artists a theme to work to and had visitors to the show vote for their favourite work of art displayed on the stage.

Do all the artists submit a themed work of art for the competition?

to a theme. It really gets the creative juices flowing. It is totally voluntary to enter a piece. This year artists will be creating a piece on the theme of "Ice Time".

What does the winner earn?

The artist who creates the winning piece wins a at the West Carleton High School. free booth in next year's show without the need to be re-selected by the committee.

Is this exhibition always held on the Thanksgiving weekend?



Works by Rosy Somerville (above) and many others will be on display at this year's Expressions of Art show at the Carp Fairgrounds and Ag Hall

We tested out hosting the show on a different We have grown over the years from 19 to a full weekend, but there was a resounding vote to return to the Thanksgiving weekend. It gets people out to What is the selection of art like, and what's the show, often with visitors from out of town who are in for the weekend visiting family and friends.

Where can people find your brochure?

People can find our full colour brochure at vari-Library, West Carleton Family Health Team clinic, Deka Home Hardware, Harvest Moon Orchard, and

Do people need tickets for the opening night

No, we have resisted charging people admission to our vernissage. These visitors are our guests! Admission is free on all three days.

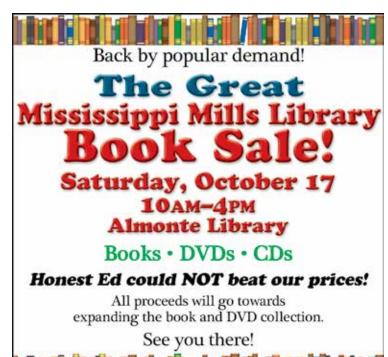
Is there anything else people should know about Expressions of Art?

Well, there's lots of free parking, and our venue is completely wheelchair accessible along with The artists really enjoy the challenge of working having suitable washroom facilities. And if anyone needs to rest their legs, we have lots of chairs and a sit-down tea room. A small donation for snacks is appreciated and goes towards a student bursary that we award every year to a promising art student

And can anyone belong to the WCAS?

If you are interested in becoming a member, we have applications on our website and we offer a discounted youth membership too. Anyone can join. Check <westcarletonartssociety.ca> for more details.









We are pleased to announce our new Almonte location

Ellen Symons, RMT delivers focused and effective treatment with deep tissue, fascial, and relaxation techniques. In 2004 she founded Body Poets Massage Therapy in downtown Ottawa (now with 10 RMTs), and is delighted also to be working in Almonte, where she lives.

Ellen Symons, RMT Registered Massage Therapist

Saturday hours available

Call 613-222-0465 Or book online: www.bodypoets.com

359 Ottawa Street #3, Almonte (at Patterson - with Kim Narraway, RMT)

Pick up the Humm in Westport at THE COVE



MMLT Annual Dinner and Silent Auction

The Mississippi Madawaska Land Trust (MMLT) will hold its annual Dinner and Silent Auction on Friday, November 13 at the Almonte Civitan Club. This year's speaker is Bruce Di Labio, who will speak on the topic "Changes to Bird Life in Eastern Ontario Over 50 Years". His talk will cover status changes in species such as the turkey vulture and the northern cardinal, declines in other species such as the loggerhead shrike and the red-headed woodpecker, as well as new species found over the past five years.

Bruce is a native of Ottawa whose passion for birds and birding began at the age of eight, when he hand-tamed a black-capped chickadee at his family cottage at Constance Bay. From these simple beginnings emerged both a life-long passion and career in the field of birding. He is a weekly columnist on birding in the Ottawa Citizen and also teaches birding courses.

In addition, Bruce has authored numerous articles over the years for Nature Canada, Ontario in eastern Ontario. The board of the organization Birds, Birding, and Ontario Birding News. Bruce was a member of the championship Kowa Birding Team that won three World Series of Birding titles in New Jersey and one championship title in the hand on their nature reserves. Texas Birding Classic.

The evening will also feature a silent auction that will offer a wide range of useful and interesting items with an emphasis on services, ranging from a weekend stay at a cabin in the woods to guided walks in beautiful nature settings. It's an opportunity to support the Land Trust and reap some great pleasant company of like-minded friends.

This annual event is a fundraiser for the MMLT, a charitable organization that works with landowners interested in permanently protecting properties with exceptional ecological value. To date, the Land Trust has conserved over 2400 acres of land



This photo of a northern cardinal was taken by Bruce Di Labio, the speaker at this year's MMLT Dinner and Silent Auction

believes that exposure to nature provides numerous personal benefits, so they offer the public regular opportunities to experience the wilderness first-

The Almonte Civitan Club is located at 500 Almonte Street. Doors will open at 6PM to allow time to look over the auction items and mix and mingle with friends. Dinner will be served at 7PM, and dress is casual. Tickets are \$40, cheque or cash only, available at Hello Yellow in Almonte, The Granary in Carleton Place, Village Treats in Lanark, Shadbenefits at the same time, all while enjoying the owfax in Perth, the Pakenham General Store, and the Arnprior Book Shop. For your convenience, you may also email <vandenhoff@bell.net> or call 278–2939 to reserve tickets for pick-up at the door. The deadline for purchase is November 6, but tickets may sell out early! For more information, visit <mmlt.ca>.

Much to See at the **Full Circle Theatre**

It's shaping up to be the most exciting season yet at Perth's Full Circle Theatre. With nearly 110 events on the books so far for 2015–2016, Perth's only ground-level, barrier-free theatre is lining up another season of surprising, varied entertainment.

First up on October 3 at 7:30PM is a special performance of a show that has been a big hit, including performances at the NAC in Ottawa: Tess McManus' Tales She Tells. Her one-woman show — with assistance from Susan Toman on the Celtic harp — is full of stories and music from Ireland. "Tess McManus is a delightful performer and the script is funny and engaging," says the *Fully Fringed* blog. Tickets are \$22, and can be purchased by contacting <tessmcmanus.com>.

BarnDoor Productions' 21st season opens on October 16 with the delightful comedy My Old Lady by Israel Horovitz. The show has been a major hit across the continent and in Europe and was recently made into a movie featuring Kevin Kline, Maggie Smith and Kristin Scott Thomas. That movie was so well received that Horovitz re-wrote the play around the movie script in 2015, and BarnDoor's staging of it will be the first Canadian production of the newly revised script. It's about a down-onhis-luck man who inherits an apartment in Paris — and finds that he has also inherited the old woman who lives in it. The show runs October 16, 17, 22, 23 and 24 at 8PM and October 18 and 25 at 2PM. Tickets are \$20 in advance, \$22 at the door, and \$10 for students.

November brings movie events like the première of *The Sto*ry of Perth, Part Two, and the first production of Snowed Under, a comedy for the holidays based on a 1936 movie. The next twelve months will also bring lots more music, theatre for young people, and BarnDoor Productions' hugely ambitious plans for a series of five made-in-Perth music theatre productions to celebrate Perth's 200th anniversary. It's going to be a very exciting and entertaining year!

Find full details on all events at Full Circle Theatre, including ticket and subscription order information for BarnDoor Productions' 21st season, at <barndoorproductions.ca>.







Perth's Month of Plenty To Do!

It's rather like the favourite uncle of months. The air is pleasantly their changing colours, and you don't hear *Jingle Bells* when you're in the grocery store. In fact, it's the perfect time of year to linger a bit longer at the Farmers' Market (think apple pie!), to turn off good book, to throw on your most

by John Pigeau

comfortable sweater and walk the dog an extra block or two (maybe to the bakery), then when you get home you can watch the biggest summer blockbusters on DVD while munching on pumpkin seeds.

Oh — don't forget to kick a pile of leaves! Autumn isn't autumn until you tery dinners? I haven't, but they sound kick a pile of leaves.

People in Perth know it's October because of the **Perth Autumn Studio Tour**. It is perfectly scheduled, after all — what better time to take a pleasant drive around the countryside, the autumn colours at their brightest, exploring the area's wonderful art and craft studios?

This year's tour — the 23rd annual takes place on Thanksgiving weekend (October 10-12), and features six different rural studios near Perth in beautiful locations, highlighting the work of some 26 talented area artisans. There are dem-

of the one-of-a-kind works you will see on the tour, please visit the photo gallery crisp, the trees resplendent in at <perthstudiotour.com>. There, you can also find a map outlining the locations of participating studios. The tour runs from 10AM until 5PM each day, and admission is free. For more information you can call 267-5237.

There is what should be a fascinating your phone and settle in with a talk by author Brian Gilhuly happening at the Perth Legion Hall on October 15. Presented by the Perth & District Historical Society, Gilhuly's talk will focus on the little told story of Eastern Ontario's railroads, including our area's 1865 Brockville to Ottawa line. The talk is open to the public, takes place at 7:30рм, and the voluntary donation is \$2. Get your history on! Don't miss it.

Ever go to one of the murder myslike a lot of fun. On October 16 at the Royal Canadian Legion, the Studio Theatre presents *The Watersdown Af*fair. The event poster neatly sets the scene: "It's 1936... you've been invited to dinner at Watersdown Mansion. A murder has been committed. Can you help find the killer before he (or she!) strikes again?" You are invited to come as you are, or to dress for the era. The night also includes a delicious meal, cash bar, and a silent auction. Nine Studio Theatre actors will be your hosts for the evening. Tickets are \$50

think anyone dislikes October. If you would like a sneak preview of some information call Isabel at 326-0437 or called, after all, How To Do Everything. visit <studiotheatreperth.com>. Enjoy an Prepare yourself for some sage advice and intriguing night of legal murder!

> As I mentioned in last month's column, **Red Green** is coming to town! This news is white hot. Why? This guy is funny. His TV show was enormously popular for



The Perth Autumn Studio Tour takes place over the Thanksgiving weekend. You'll find fine art and crafts like this ceramic vessel by Susie Osler.

October is a fine month. I don't onstrations at many of the studio shops. (including a \$30 tax receipt). For more fifteen seasons, and his one-man show is a whole lot of laughs. Red Green takes the stage at the Mason Theatre on October 18 at 7pm. Reserve your seats at Tickets Please online at <ticketsplease.ca> or by calling 485–6434.

> Some excellent live music highlights the end of the month's entertainment in Perth. The Wade Foster **Trio** plays the Royal Canadian Legion on Friday, October 23 at 7рм. Hosted by the Royal Canadian Legion Ladies Auxiliary, tickets for this delightful night of music are \$15 and can be purchased at Mark's Cobbler Shop (98 Gore Street East).

The following night the Canadian Cancer Society presents an evening of music featuring Lanark's own "Queen of Easy Listening" Theresa Scott as well as The Shambles, who promise to deliver rock and roll with a little bit of soul. The show is at the Perth Legion on October 24 between 8PM and midnight. There will also be a silent auction, door prizes, complimentary snacks and light refreshments. Tickets are \$20 each or \$35 for a pair. They are available at Tickets Please as well as at Shadowfax (67 Foster Street). All money raised benefits Breast Cancer Research. Contribute to a worthy cause and dance the night away! Happy autumn, everyone! Now go kick a pile of leaves.





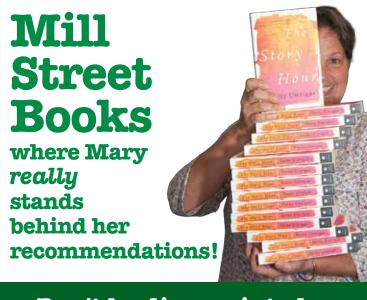


Get Your Furr On for LAWS!

Spend your Hallowe'en night supporting LAWS (Lanark Animal Welfare Society) and having a howl of a good time at Temple's Sugar Bush. Doors open at 7:30рм, so come and enjoy music provided by DJ GRIMM. Costumes are optional but encouraged! There will be door prizes and prizes for best costumes, as well as many amazing silent auction items. Indulge in delicious hors d'oeuvres and take part in the late-night bistro and pizza stations.

Celebrate this Hallowe'en by spending a spooky night at the beautiful Temple's Sugar Bush (1700 Ferguson Falls Road in Lanark). Tickets are \$75 each or \$130 for a pair. Sponsorship tables are available as well!

Purchase your tickets at Kelly's Flowers, Perth Brewery, or Tammy's Nails, as well as at LAWS (253 Glenview Road in Smiths Falls) and at Temple's. Don't delay, as there are a limited number of tickets available. See you there!



Don't be disappointed...

Call for details about our upcoming events

Ron Lawruk Book Signing Oct. 10 Pen and Ink Workshop Oct. 15 Book Club The Story Hour Oct. 28 The Odyssey comes to Almonte Oct. 29 Meet Historian Tim Cook Nov. 15

www.millstreetbooks.com /millstreetbooks

52 Mill St., Almonte 613-256-9090

Folk — Yeah!

The **folkus concert series** is entering its 14th year! And with all the great shows we've had in the past, it gets harder and harder to top ourselves. But we think we've pulled off a pretty great lineup this year.

Once again, folkus will be presenting shows in the new year, running from January through to

Our big-name headliner for this year is Harry Manx, who'll be kicking off the series on January 30. It's a bit of a coup securing him for a venue this intimate, and we're grateful to the Ontario Arts Council for the funding that made this show possible. For those who haven't heard Harry, he fuses two seemingly distinct musical traditions, distilling the musical history of India and blending it with the blues to create his own unique sound. As he moves between guitars, harmonica and banjo, to the Mohan Veena (a truly unique 20-stringed instrument), Manx shows the musical mastery of a lifelong practitioner. His warm vocals and thoughtful lyrics create an intimate space where the listener leans in. Eleven albums into his career, Manx has won a slew of awards, including seven Maple Blues Awards and a Canadian Folk award, among others. His latest album, 20 Chords and the Truth, was released in early 2015.

Helping us to beat the February blahs, folkus is featuring a Winnipeg import, Slow Leaves, on February 20. A solo project for singer-songwriter Grant Davidson, he brings a vibrant folk-pop sound to our stage with strong vocals and great have such gifted musicians in our community, and hooks. A fluid guitarist and thoughtful lyricist, it is a privilege to give them a night out together... Davidson evokes a rainy night/back porch vibe; he on stage. I promise KEWT will take your breath could easily fit on a playlist between Great Lake away. Join us March 26 for a warm sound on a cold Swimmers and JJ Cale. Slow Leaves has gotten a night. lot of airplay on CBC Radio Two and campus radio since the release of 2014's Beauty is So Common, especially the single *Life of a Better Man*.

enough for a Contra dance, serene enough to soar, new-school singalong. Allison and her band promise sweet sounds. Also ence, with a balance of mind-bending instrumen- Email <hello@folkusalmonte.com>. tals and passionate vocals. We are so fortunate to - Sandy Irvin



The 2016 Folkus Concert Series will kick off on January 30 with a performance by the amazing **Harry Manx**. The stellar line-up also includes Winnipeg's Slow Leaves, Stratford's Allison Lupton, and the Valley's own Craig Cardiff, Terry Tufts and Kathryn Briggs!

Our April show features a homegrown treat. Working from a home studio near Arnprior, Craig **Cardiff** remains something of a secret treasure in Our March show features a double bill with a the Ottawa Valley. He plays across North America, nod to the stalwarts of the folk songbook, Trad. & has passionate fans who help him book shows in Anon. This show will feature performers who write their hometowns, and is a songwriter's songwriter. their own material, but are also willing to take on With a soaring voice, passionate lyrics, and the traditional melodies and tunes as part of their repmost open heart in the business, his songs touch ertoire. Stratford's Allison Lupton works within the heart. Armed with both an acoustic guitar and the Celtic tradition, and her tunes feature fiddle a loop pedal, Cardiff delivers an old-school folk and banjo as well as her vocals and flute. Lively show for the modern era. Join us on April 23 for a

All folkus shows are all held in the fine acoustic gracing our stage for this show will be KEWT, all setting of the Almonte Old Town Hall. Details can the way from Elphin, Ontario. While many locals be found at <folkusalmonte.com>, and tickets will have heard Terry Tufts and Kathryn Briggs as be available on Eventbrite <folkusalmonte.eventindividuals locally, their duo show is a rare experi- brite.ca> and at Mill Street Books. Questions?



Ghosts, Garbage, and Chocolate Skulls

in Mississippi Mills.

Supernatural Visitations

Rob and Sharon Newton have been making quite a name for themselves locally with their business Newton Films. Over the past few years they have created historical documentaries about both Almonte and Perth, as

by Miss Mills, puppet reporter

well as one about the Carleton Place Canoe Club, which have all been very well received. Just in time for haunting season, they have decided to create *The* **Ghosts of Mississippi Mills** — their first film that both tells and re-enacts local ghost stories.

Here's what Rob Newton had to say about their new endeavour: "We've been wanting to push the Hallowe'en Housewarming Party boundaries of our documentary filmmaking to in-

us the opportunity to work with some of the very talented local actors whose work we've admired and enjoyed over the years.

This required the right subject matter for the film. Over time we've heard many stories about ghosts in the area, and were quite fascinated by them. It turns out that we aren't alone. This is our eighth film and we have never seen such an enthusiastic response! Not even close!

The stories will be told by the people who actually experienced

The Ghosts of Mississippi Mills will be shown as part of the Textile Museum's All Hallows' Eve **Trash Dance** — What a Cleaning event, which starts with a spooky walking tour



An other-worldly Catherine Clark plays the ghost of Ethel MacKenzie in The Ghosts of Mississippi Mills — a new film by Rob and Sharon Newton that will be shown at the Textile Museum on October 30

I know that ghosts and garbage don't usual- Hall and ends at the museum with a screening of ly go together (except when you're cleaning the film. Admission is \$20 at the door. For more deup from that crazy Hallowe'en party), but tails about the event, visit <mvtm.ca>, and to find this month there's a bit of a theme going on out more about the movie, visit <newtonfilms.ca>.

Unnatural Consumption

There's nothing of the supernatural here, but instead a compelling exhibit of works by Gayle Kells at the Mississippi Valley Textile Museum. According to the artist, "Unnatural Consumption" examines our environment and consumption habits through the use of recycled materials, particularly plastic bags repurposed into crocheted objects. These can be seen as a reflection of society's abuse and overabundant dependence on such materials. These plarns are going to be made into a large waterfall installation in the Norah Rosamond Hughes Gallery at the museum. The exhibit runs until the end of November, but everyone is welcome to a vernissage on Saturday, October 3, from 2–4_{PM}.

There's a new artist in town, and she's introducing clude re-enactments, in equal parts because of the herself to the community with a Hallowe'en Housechallenges it presents, and because it would give warming Party at 53 Cameron Street in Almonte

> on Saturday, October 31 from 4–7рм. Painter and sculptor Marina Malvada just moved to the area, and would like to extend a warm invitation to drop in for a Hallowe'en Housewarming Party at her home and studio. All ages are welcome, and costumes are en-

> Hallowe'en is a perfect time to meet Marina, because one of her signature creations is her chocolate skulls. According to her website <chocolateskulls.com>, they are "the only delicious chocolate treat cast

the ghosts, supplemented by re-enactments by the from an actual human skull." I believe her! Marina actors, plus some occasional narration. The film will have one to sample at the party, made from her will be respectful and thoughtful, but there will be own blend of white and dark Belgian chocolate. She calls it "Bone Chocolate"...

We're making our own movies in Mississippi at 7PM on October 30 at the Almonte Old Town Mills, and this fall we're even working on our own play! Fern Martin, author of several productions about local historical characters (and some quilts from hell), has created a new show entitled Trash **Dance**. Featuring a singing and dancing multi-generational cast (including everyone's favourite puppet — moi!), it's due to be taken into schools, community centres and the Almonte Old Town Hall in early November.

> When asked why she chose garbage as her theme this time around, Fern responds: "Once upon a time there were no cigarette filters, no plastic bottles, no disposable diapers, or even fast food joints with disposable cups, containers and serviettes. And once upon a time there was little or no litter on our streets and rural roads. I hope the play helps to bring back 'once upon a time".

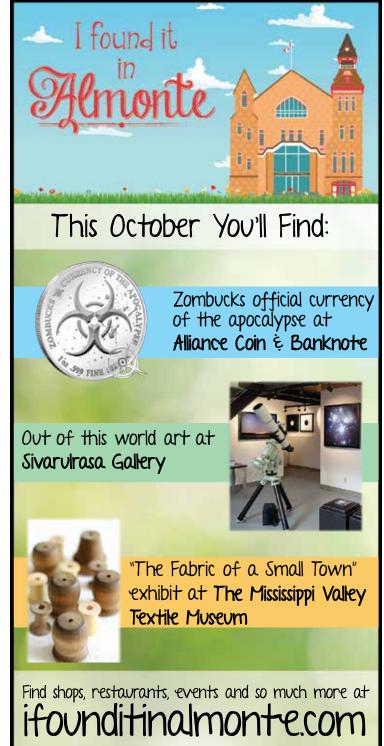
> "The Mississippi Mills Beautification Committee is thrilled to be partnering to host this produc-



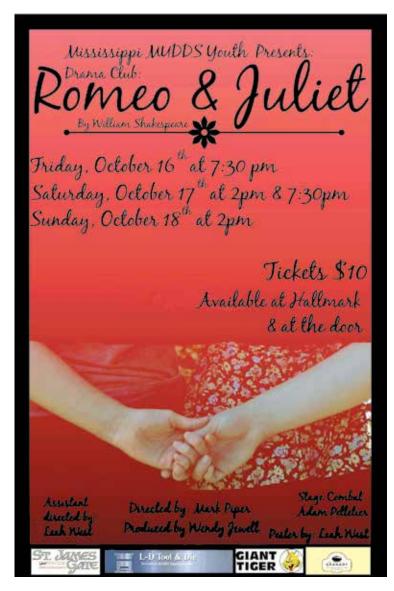
Trash Dance — a new musical by Fern Martin about the perils of littering — is in rehearsal for shows in early November. Above, Miss Mills (puppeteered by Elizabeth Veninga, left) and the town's Trash Surveillance Officer (Austin Campbell, right) attempt to persuade Ms Benson (Nadia Taylor-Meyer) and Mr. Hedges (Ed Lawrence) not to toss their cigarette butts on the ground...

tion," says Tiffany MacLaren, Community Economic and Cultural Coordinator for the Town of Mississippi Mills. "Not only is this going to raise funds for some worthwhile committee initiatives, Trash Dance has an amazing message and is a whole lot of fun!"

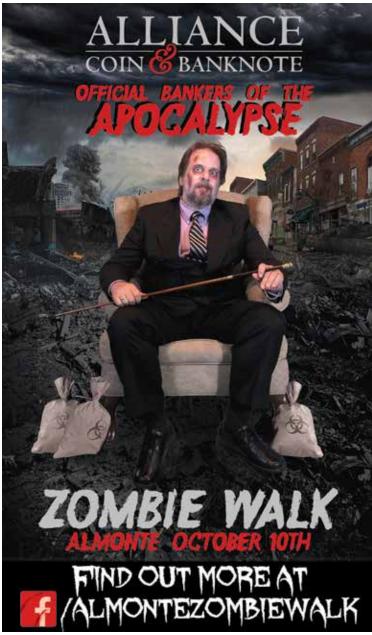
Performance dates are still being firmed up, so keep an eye out for posters and check the November issue of the Humm for more details!













Join The Captain Fantastic Band at the Station Theatre on Saturday, October 10

The Captain Fantastic Band Pays Tribute to Elton John

than to be celebrated by a tribute band. Not to be lyrics are very uplifting and inspiring. And the muconfused with a cover band, a tribute band is one sic works perfectly with the style of the song, telling that attempts to emulate the original band in every way. This includes reproducing the music as accurately as possible. The overall idea is to give their audience the opportunity to see and hear what the real band sounds like; an opportunity that maybe some of them would otherwise never have had.

The Captain Fantastic Band, a very talented group of seven from Ottawa and Gatineau, share a love of the music of Elton John. Formerly called several years, and have played venues and events end has it that Monique can break glass! throughout Ontario and Quebec.

"The Captain" and frontman for the group, Donnie Leafloor, grew up in Ottawa and dreamed that pride in providing the best experience for the audione day he would become a singer, playing in front ence, while at the same time taking care of seven of thousands of people. When you first meet Donnie, he appears to be "larger than life" and, as soon as he takes to the stage and the music begins, you realize that he is. His voice and charisma will have you believing that you are listening to Elton John himself, by creating an extremely convincing illusion.

The next member of the band is Campbell "Cam" Douglas. You will be spellbound as he works of an event that only Elton John himself could have his magic on the keyboards and synthesizers. Cam started studying piano when he was four years old and started performing at the age of eight. Originally from Smiths Falls, Cam moved to Ottawa when he was 19, and has played professionally for and Reads Book Shop in Carleton Place. over fifty years.

Michel-André Farmer, drummer and percus- The Captain's Contest Elton John song by heart, they weren't quite so simand now they say his heart beats a solid 4/4.

a definite groove to boot. Denis's favourite song is ton received over the decades?

There is no greater compliment to any performer Writing from the Captain Fantastic album. The the story of Elton and Bernie writing together.

> Pat Robillard plays guitar and pedal steel, as well as providing backup vocals for the band. A man of many talents, Pat adds that special twang and slide for which the early Elton songs are known. You know, the ones that pull your heartstrings.

Monique Cyr and Claude Haché, a husband and wife team, joined the Captain Fantastic Band in 2013. Claude is "the harmonizer" in the group, and Yellow Brick Road, they have been around for he and Monique provide the backing vocals. Leg-

> Other members of the team include Janet Mallette, the very dedicated manager who takes great amazing artists, and Leslie Flynn, who is trying on the musical promoter's hat for the band and their incredible musical tribute.

> The Captain Fantastic Band is bringing their musical tribute to Elton John to the Station Theatre in Smiths Falls on Saturday, October 10. It will be a show like no other, with all the glitz and glamour originally created. This crew will take you on a truly magnificent journey of years gone by.

> Tickets, \$25 each, are available at Special Greetings in Smiths Falls, Tickets Please in Perth

sionist, grew up in Hull and started seriously play- The Captain is offering one lucky individual ing the drums at the age of twelve. Growing up in a chance to win two free tickets to the Octothe seventies, his exposure to the music of Elton ber 10 show. All you need to do is answer a few John was inevitable. He joined the band in 2011, questions about Elton John, and send your rebut soon found that even though he knew every sponses directly to <lflynnthepromoter@gmail. com>, being sure to include your name and telple drum-wise. He soon mastered his technique, ephone or e-mail address. Here they are: What is Elton John's real name? When and where was Denis St-Amour plays the bass and mandolin he born? What was the name of Elton's first band and also provides backing vocals. Denis is seem- when he was 15 years old? How did he come up ingly a man with no end to his abilities, and with with his name? What accolades and titles has El-

Richard Gill's Fall Show

For his 2015 Fall Show, the Ottawa Valley's own modern-day master of sculpted clay-relief is turning to the lives and works of former masters — Cézanne, Warhol, Kahlo, Monet, Renoir, Carr, Toulouse-Lautrec, Van Gogh, Degas and others — for his inspiration. Gill's show opens on October 3 at Bittersweet Gallery in Burnstown with a vernissage from 2-8PM (including a talk by the artist at 3PM and 7PM), and runs until October 12. The gallery is open daily from 11AM to 5PM. For more information, call 432-5254 or preview works at <bur>
durnstown.ca/bittersweet>.</br>





www.thehumm.com

Annual BIA Maskeraid Hallowe'en Parade Food Bank Fundraiser in Carleton Place

Witches, zombies, ghosts and vampires are all invited to attend the annual Maskeraid Hallowe'en Parade presented by the Carleton Place BIA.

Saturday, October 24 is going to be a spooktacular night in downtown Carleton Place. Dozens of captivatingly spooky floats and costumed participants will be marching down Bridge Street. The parade will kick off at 7PM at Heritage Mall on Lansdowne Avenue and travel down Bridge Street, ending at Mill Street by the Town Hall.

The Maskeraid Parade raises money and donations for the Lanark Attend the Event! County Food Bank, making it an extra-special night. Registration forms are now available for anyone who would like to take part in this spellbinding fall event!

How to Participate

Members of the BIA, businesses, residents and community groups of Carleton Place and the surrounding area can all help make this fall event a ground-breaking success by submitting a well-decorated harvest- or Hallowe'enthemed float. Everyone is asked to "parade for aid" in this exclusive-to-Carleton Place event by bringing non-perishable food items to support the Lanark County Food Bank.

Make this Hallowe'en extra exciting by building the scariest and most imaginative float! Schools, sports teams, community and social groups are also encouraged to showcase their creative side with an elaborate float or by creating a Food Bank challenge between themselves and other

Everyone is welcome downtown to watch the ghosts and goblins float down Bridge Street into the dark abyss. Spectators are encouraged to dress up in a costume, get into the spirit, and celebrate Hallowe'en. If you want to see a parade that is both haunting and enchanting, come celebrate the BIA Maskeraid Parade on October 24 in Carleton Place.

In addition, there will be a Haunted Alley put on by Surrounding Memories and The Floral Boutique on Bridge Street. From 6-8PM, you can come have some free hot chocolate and take pictures in the haunted alley... if you dare.

> The BIA is proud to be the Ghostess with the Mostess, and looks forward to meeting everyone downtown for the rain-or-shine event.

For more information or to register a float, contact theBIA officeat 257-8049 or email < cmcormond@carletonplace.ca>. Visit <downtowncarletonplace.com> for more information, to see pictures from last year's parade or to download a registration form.







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Every Wednesday the return of Wings 'n Tunes with Shawn McCullough (Country/Guitar) 6-9

Every Wednesday the return of Wings 'n Tunes with **Shawn McCullough** (Country/Guitar) 6–9
Thu Oct. I **Jazz Night** with **Spencer Evans Trio** 9–11
Fri Oct. 2 **Morgan Davis** (Country Blues, Nova Scotia) JUNO and Maple Blues Award winner, 7–10, \$10
Sat Oct. 3 **Head Over Heels** (Vocal/Guitar Duo, Gananoque) 6–9
Fri Oct. 4 **Bob Burtch Bluegrass Band** (Cornwall/Seeley's Bay), 1–4, \$10
Thu Oct. 8 **Last Jazz Night** with **Spencer Evans Trio**, Friends of the Arena fundraiser, 9–11
Fri Oct. 9 **Jeff Callery** (Brockville, Country/Folk), 7–11
Sat Oct. 10 **The Rockabilly Riot** (Westport/Kingston), 7–11, buffet & show \$35
Sun Oct. 11 **Thanksgiving Buffet** with all of the trimmings! 5–8, \$25
Fri Oct. 16 **Oktoberfest** with **Turpin's Tail** (East Coast Folk/Celtic, Kingston), 6:30–10:30, \$10
Sat Oct. 17 **John Wilberforce** (Folk/Rock, Kemptville) 6–9
Fri Oct. 23 Blues on the Rideau presents **David Vest & The Willing Victims** (Alabama/Victoria), 7–11, buffet & show \$65

Fri Oct. 30 **Long Sault Trio** (Folk/Jazz, Lanark) Local Blue Skies trio, 7–10

Sat Oct. 31 Head Over Heels (Vocal/Guitar Duo, Gananoque) 6-



L.G. Lee & Sons — New and Old Meet in Almonte

There are some new kids on the block in downtown Almonte, and they come from pretty amazing parents. The "kids" are Robin and James Lee, sons of Lorraine and Leonard Lee, whose surname you might recognize from the iconic Lee Valley Tools. Together, they recently opened L.G. Lee & Sons at 36 Mill Street.

Regular visitors to Almonte's downtown might recognize the location as the former home of Canica Design, another company owned by Leonard Lee that developed medical products and surgical instruments. Canica was recently licensed to a medical tools company, leaving the bottom floor of the Mill Street building empty (the upstairs space was and still is being used by Chestnut Tools, doing marketing and design for Lee Valley Tools).

Leonard and Lorraine live in Mississippi Mills, as do their son James and his family, and the whole Lee clan has watched Almonte develop into a popular day-trip destination. They decided to capitalize on their location, and at the same time add to the appeal of the downtown, by including another distinctive retail shop in the mix, and so the idea of L.G. Lee & Sons was born.



Years ago, 36 Mill Street was home to the Lee Hardware business — owned by another Lee family unrelated to Leonard and Lorraine. In fact, three generations of those earlier Lees ran their hardware business continuously (although not always in that building) from 1924 to 1999. Leonard Lee's family used to stop there and pick up items for their cottage near Almonte, so they were well aware of the Lee legacy. After they purchased the building, they found an old "N.S. Lee & Son" sign in the basement, which is now prominently displayed above the cash.

About twenty-five years ago, Leonard Lee heard about an old hardware store in upstate New York that was closing down, and he decided to go down and basically purchase the entire store Reinventing Retail — including about forty vintage With its select but carefully cu- 36 Mill Street in Almonte (please storage and display units. When rated stock, the Almonte store note - they are open from it came time to transform the does represent a reinvention of 10AM-5PM Monday through former Canica space, the Lee family chose the units that lent themselves best to the Mill Street building, and have essentially recreated a heritage interior in which to display their wares. For your first visit, I highly recommend taking some extra time to appre-



You'll find tools, toys and gadgets galore at L. G. Lee and Sons, opened recently by James, Leonard and Robin Lee on Mill Street in Almonte

features of the gorgeous old units.

The main reason you'll need that extra time, though, is that all of those units are chock-full of useful tools, ingenious gadgets and clever toys to assist and amuse all ages. From the kitchen to the garden to the workshop, these items are unique in that they have passed the stringent Lee Valley Tools criteria, and are not likely to be found elsewhere. In fact, several of their products were even developed by the Chestnut Tools team right in Almonte! The eclectic selection is carefully juried and will be changing up on a regular basis, so there's always an incentive to plan a repeat visit.

The toy selection at L.G. Lee & Sons emphasizes manual skills and creativity, so that playtime can be fun and at the same time help develop cognitive and problem-solving skills. Robin Lee explained that their motivation is both altruistic and in their own enlightened self-interest. By fostering those skills in young people, they hope to encourage a new generation of do-it-yourselfers who will appreciate the tools and devices that they sell. Sounds like a win-win scenario!

the traditional Lee Valley Tools Saturday but are closed on Sunexperience, which has always relied heavily on catalogue and mail order. Robin Lee explains that they are in fact using this shop to help them reinvent the entire retail experience. As he prefer not to drive into Ottawa! puts it: "We are recommitting to

ciate the shadow boxes and other retail in this age of internet sales. We are using L.G. Lee & Sons to learn more about retail, display and in-person sales, and we will develop small-scale prototypes here that will eventually migrate to our larger stores — including the new Lee Valley Tools opening in Kingston in the fall."

> Somehow, this "bucking the trend" approach doesn't come as a huge surprise to me. A few years ago I was fortunate enough to hear Leonard Lee give a talk at a Mississippi Mills Chamber of Commerce Mixer, in which he outlined how Lee Valley Tools was able to compete with much larger chains of hardware stores. Essentially, they did it by reinventing the rules rather than by playing the same game — they specialized in carrying a wide range of certain items (hardware, woodworking and gardening tools), buying from smaller suppliers with excellent products, developing their own products, and creating an excellent working environment for their knowledgeable staff.

> As someone who appreciates quality products as well as a good old-fashioned — or thoughtfully reinvented — personal retail experience, I am delighted that the Lee family has chosen the Ottawa Valley as their testing ground.

> L.G. Lee & Sons is located at days), and they can be reached at 256-0350.

> As an added bonus, you can even pick up your Lee Valley catalogue purchases there if you - Kris Riendeau



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Give Them the Reason(s) to BELIEVE

All too often I see advertising that does a to get it — but that leaves out the most important aspect of the process. It doesn't offer the *reason* that the consumer should choose the product. The reason that that **Belief in the Seller**

by Patrick Arbour

product suits their needs better than a competing product. The Reason to Believe that they are making the right decision. The power of such a message can actually get the consumer past the price point. They can actually feel comfortable choosing your product even though it might cost more than the competition's.

Impossible. Price rules.

Wrong. Emotion rules. The consumer always wants a lower price; it just makes sense. But at what cost?

Gaining Consumer Confidence

Every time we purchase something, although price is most often at the forefront, we want to be confident that we are making the right decision. Your advertising/marketing can assist in building consumer confidence.

When you are developing advertising for your product or service, think of the messages that can give the consumer that reason to believe they are making the right decision. Here's how their process can go:

I have been wanting new Nike shoes. I can buy them online, from Acme Shoes, for \$20 less than at my local shoe store (Nick's Nikes), but what if they don't fit? I guess I can send them back... It is a bother, but I can do it.

Nick's costs more, but I will know if they fit as soon as I try them on. Even if I get home and change my mind, Nick's always offers full refunds. It feels good to buy locally. I just read that Nick's can even repair running shoes.

Buying locally can be a reason to believe. Guaranteeing a product or service builds confidence. Added services such as repairs or replacements (when applicable), as well as no-hassle return policies, all build confidence.

(It's a fact that everyone goes through some degreat job of showing a product and inform- gree of buyer's remorse shortly after a purchase. ing the consumer of all the important is- Knowing you can return something without it besues — from how much it costs to where ing an issue makes it easier to proceed with the purchase.)

Belief in the Product,

Have your advertising speak of product knowledge, length of time in the business, passion for the product/service. Include any additional information that makes the consumer believe that this is not only the right product, but also the right place to purchase it.



One example I have used when making this point is the Columbia Clothing Story. Columbia clothing, although a good product, was in competition with many other winter outerwear products, some of which were more exciting and more fashion-driven. Columbia decided to tell their story of quality by introducing "Mom". Mom appeared in all of their advertising; an older motherly character who checked the quality of their products for you and wasn't going to let anything inferior get past her inspection. Inside the pockets of Columbia winter-wear you would find a small booklet describing how Mom was protecting your investment. That's right — Mom had your back. A pretty good reason to believe you would be making the right decision in purchasing this product.

Have a look at your messaging: internal, external or wherever your product or service is discussed. Are you offering your clients a Reason to Believe they should come to you?

You should... and you can.

Patrick Arbour is a Creative Director and Executive Business Coach who has worked in the advertising world for major agencies in both Canada and the **United States**

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Join the Midnight Makers

There's a new design movement in town... the Midnight Makers Collective. We bring people together, host cool events and celebrate all things handmade. The Midnight Makers are hosting a Holiday Pop-Up on November 28 in Perth at the Old Perth Shoe Factory (1 Sherbrooke Street), showcasing the talents of Lanark County's best designers, makers and food vendors. We'll also have a photo selfie booth, lounge, wrapping station and some seriously awesome swag **Become a Sponsor** bags. Intrigued? There are lots of ways to get in- Monetary or in-kind, our sponsors get all the at-

Join the Collective

other like-minded makers from Lanark County. Apply to our Collective and get your name and company information on our members webpage, along with exclusive invites to networking nights, workshops, and tons of opportunities to be inspired by local creatives just like you.

Become a Vendor

We want to showcase your amazing talent! If the following sounds like you, please apply online before October 10. You are a creative maker of design, art, craft or food. You live and make in Lanark County. You love what you do and want to show it with a killer booth too!

volved in this new small town creative movement! tention they deserve with print and online recognition. Your logo and links will be splashed all over our social media and print campaigns, plus our top Join our group of fun and creative people, and meet three sponsors get their logo screen-printed on our awesome cotton canvas tote bags.

> Find out all the details at <midnightmakers.com> or contact us at <hello@midnightmakers.com>.

Learning in Almonte

Two new series start in mid-October:

A History of Beethoven by Carl Widstrand *put your name on the waiting list! (starts Tuesday, October 13)

World War I Writers by Michael Gnarowski WWI's effect on the literary sensibility of the modern age (starts Thursday, October 15)

These courses are six weeks in length. Each comprises one two-hour lecture every week, from 1:30-3:30 in the Almonte Public Library Classroom. No final exam, but lots of discussion time! \$75 per course.

To register contact Don Wiles at 613-256-4376 or don.wiles@carleton.ca





Claiming Column

LCIH Women's Fair, CP, Nov 7 Handmade Harvest Holiday Show, Almonte, Nov 7–8

Valley Artisan Show, Almonte, Nov 7–8 MMLT Dinner, Almonte, Nov 13

Almonte Farmers' Harvest Market.

Lynn Miles, Smiths Falls, Nov 14 Red Trillium Studio Tour, West Carleton, Nov 14-15

The Itty Bitty, Teenie Tiny Art Show & Sale, CP, Nov 28

Midnight Maker Holiday Pop-Up, Perth, Nov 28

Christmas House Tour, Renfrew, Nov 29 **Town Singers**, CP, Nov 29, Dec 1

Panto: Puss In Boots, Smiths Falls,

Festivals



Festival of the Senses, Oct 2-3. Enjoy the rhythms; drum, sing, dance & eat. Valley Food & Drink Co., 729 Mill St., Calabogie. festivalofthesenses.ca

Visual Arts 📮



Art with a Past. Oct 2-3. I DAM-4PM. Artisans upcycle materials into unique creations. REAL Deal Reuse Store, SF. realaction.ca

Calabogie Artfest, Oct 3-4, 10 AM-4 PM. Art, Tea room. Calabogie Community Centre, 433-2083, calabogiearts.wordpress.com

Merrickville Artists' Guild Studio Tour, Oct 3-4, 10AM-6PM. Merrickville, mag-artists.ca

Richard Gill Fall Show Vernissage, Oct 3, 2-8PM. Talks at 3 & 7PM. Show til Oct 12, I I-5. Bittersweet Gallery, Burnstown. 432-5254, burnstown.ca/bittersweet

Vernissage: Unnatural Consumption, Oct 3, 2-4PM. Gayle Kells crochets plastic bags into art. MVTM Almonte. 256-3754, mvtm.ca

Exhibition Launch: Nuclear Family Kitchen, Oct 4, I-4PM. '60s kitchen & refreshments. The Diefenbunker, Carp. diefenbunker.ca. Free

Vernissage: Jean Dunning & Marg **Stephenson**, Oct 4, 3-5 PM. MERA Schoolhouse, McDonalds Corners

Expressions of Art, Oct 9 (7-9PM), 10 (8-4), 11 (10-4). West Carleton Arts Society's fall art show and sale. Carp Fairgrounds, westcarletonartssociety.ca

Crown & Pumpkin Studio Tour, Oct 10-12, 10AM-5PM. 30+ artists at 14 stops. Almonte-Blakeney-Clayton. crownandpumpkin.com. Free

Fall Colours Studio Tour, Oct 10-12, 10AM-5PM. 21 artists in 7 studios. Westport, Area. westportstudiotour.com

Perth Autumn Studio Tour, Oct 10-12, 10_{AM}-5_{PM}. Perth area. 267-5237, perthstudiotour.com. Free

Vernissage: 4A's Mill St. Panorama, Oct 16, 7-9PM. Almonte and Area Artists Association. Fairview Manor, Almonte

Artist's Talk: Louis Helbig, Oct 18, I-3PM. Beautiful Destruction: Aerial photos of AB Tar Sands. General Fine Craft, Almonte. 461-3463, generalfinecraft.com

4A Meeting, Oct 19, 7:30pm. W/ Paddye Mann, clothing designer. Almonte Library, 256-5863, 4a-artists.ca

Almonte Quilters' Guild, Oct 19, 7-9PM. Almonte Civitan Hall, 257-8444, almontequiltersguild.com

Arnprior Quilters' Guild, Oct 28, 7-9PM. Christian Education Centre, Arnprior. ampriordistrictquiltersguild.com.\$5;\$25/yr

Hallowe'en Open Studio, Oct 31, 4-7PM. Marina Malvada shows her sculptures at 53 Cameron St., Almonte. chocolateskulls.com



WHAT'S ON IN ⇒

Wednesday **Tuesday** Thursday Monday

■ Bittersweet Gallery presents Richard Gill's annual show Oct 3–12 <burnstown.ca/bittersweet>

Fairview Manor Lobby presents Peter Wright's photographs "Tranquility – Lanark" [-Oct 13], Almonte & Area Artists Association's Mill St. Panorama [Oct 13-]

■ Fall River Restaurant presents Fred Fowler's oil paintings <fallriverrestaurant.ca> [-Oct 12]

General Fine Craft, Art & Design features Louis Helbig's aerial photos of AB tar sands <generalfinecraft.com>

☐ Heritage House Museum presents display of Lustreware <smithsfalls.ca/heritagehouse> [-Oct 18]

■ MERA Schoolhouse presents country landscapes of Jean Dunning & Marg Stephenson

The Mississippi Valley Textile Museum presents Unnatural Consumption by Gayle Kells <mvtm.ca>

Sivarulrasa Studio & Gallery presents Mary Wong & Tami Galili Ellis' oils [-Oct 25] <sivarulrasa.com>

🔳 The Mississippi Mills Chambers Gallery presents Ann Jezewski's pen & ink/acrylic & Barbara Cotterill's mixed media

The Almonte Library Corridor Gallery presents Clement Hoeck's pottery & Hyesuk Kim's textile art

Jazz at the Queen's, Queen's Hotel

Jazz Night w/Spencer Evans

Trio,The Cove

▶ Karaoke, Waterfront Gastropub

♪ Open Mic, Alice's Village Cafe

Open Mic, Love That Barr

Ramblin' Valley Band, The Barley

Carp Celtic Jam, Carp Masonic Lodge

Slow West, Amprior

Brock Zeman & Blair Hogan, O'Reilly's Pub

Green Drinks, Perth

♪ Jeff Martin, Neat Coffee Shop Macnamara Field Naturalists'

Club. Amprior

Acoustic Stage w/Dave Balfour, O'Reilly's Pub

CP Horticultural Society Mtg

Jeff Martin, North on 29

Open Celtic Jam, Naismith Pub

♪ Open Jam, Waterfront Gastropub ♪ Shawn McCullough The Cove

♪ Jazz Night w/Spencer Evans

Trio, The Cove

▶ Karaoke, Waterfront Gastropub

► **Karaoke**, Valley Food & Drink Co. 🖲 Living Is Easy (with Eyes Closed),

Smiths Falls Open Mic, Golden Arrow

Open Mic, Love That Barr

♪ Open Mic, Alice's Village Cafe

Ramblin' Valley Band, Barley Mow

Carp Celtic Jam, Carp Masonic Lodge Crown & Pumpkin Studio Tour,

Fall Colours Studio Tour, Westport Perth Autumn Studio Tour, Perth Phoenix, Amprior

♪ Brock Zeman & Blair Hogan,

O'Reilly's Pub Perth Hort. Society, Perth $m{J}$ Acoustic Stage w/Dave Balfour, O'Reilly's Pub

Karaoke, Golden Arrow E Living Is Easy (with Eyes Closed),

Perth Open Celtic Jam, Naismith Pub

Open Jam, Waterfront Gastropub Shawn McCullough, The Cove

★ Karaoke, Waterfront Gastropub ♪ Merrickville Jazz Fest, Merrickville

MVFN: Nature Talk, Almonte

Open Mic, Golden Arrow Open Mic, Love That Barr

Open Mic, Alice's Village Cafe

Our Haunted Heritage, CP

PDHS: Railroads, Perth

♪ Ramblin' Valley Band, Barley Mow

🖲 Sadie Flynn Comes to Big Oak, SF

4A Meeting, Almonte

■ Almonte Quilters' Guild, Almonte Rereavement Support Group,

Carp Celtic Jam, Carp Masonic Lodge E Love & Mercy, Amprior

The Wrecking Crew, Renfrew

♪ Brock Zeman & Blair Hogan, O'Reilly's Pub

Acoustic Stage w/Dave Balfour, O'Reilly's Pub

Grandma, Renfrew

Karaoke, Golden Arrow Open Celtic Jam, Naismith Pub

♪ Open Jam, Waterfront Gastropub Shawn McCullough, The Cove

The Foodsmiths' Ladies Day, Perth Jully Black, North on 29

Karaoke, Waterfront Gastropub

My Old Lady, Perth

✓ Open Mic, Golden Arrow

Open Mic, Love That Barr

Open Mic, Alice's Village Cafe

Ramblin' Valley Band, Barley Mow SF Historical Society: Flying

Club, Smiths Falls

Almonte Horticultural Soc., Almonte Carp Celtic Jam, Carp Masonic Lodge Mavis!, Amprior

♪ Brock Zeman & Blair Hogan, O'Reilly's Pub

Acoustic Stage w/Dave Balfour, O'Reilly's Pub

Arnprior Quilters' Guild, Arnprior Book Club: The Story Hour, Almonte

Karaoke, Golden Arrow

Open Celtic Jam, Naismith Pub

→ Open Jam, Waterfront Gastropub

Shawn McCullough, The Cove St. James Cemetery Ghost Walk,

🖲 An Evening of One Act Plays,

▶ Karaoke, Waterfront Gastropub **★ Karaoke**, Valley Food & Drink Co.

♪ Open Mic, Golden Arrow

→ Open Mic, Alice's Village Cafe

Open Mic w/Jimmy Tri-Tone

Band, Love That Barr ♪ Ramblin' Valley Band, Barley Mow

The Odyssey, Almonte



Star Wars Reads Day, Oct 10. Fun activities at CP Library, 101 Beckwith St., Carleton Place. 257-2702

Mudds Youth: Romeo & Juliet, Oct 16,

17 (7:30pm); Oct 17, 18 (2pm). Tickets at Hallmark CP. Carleton Place Town Hall. mississippimudds.ca. \$10 Stuffed Animal Sleepover, Oct 23. Stuffies are invited to bring their kids. CP

Beckwith Halloween Party, Oct 30, 6-8PM. Haunted house, graveyard, bring a carved pumpkin! Donations accepted. Beckwith Rec Complex, 257-1539

Theatre



Love & Mercy, Oct 2,3;7:30PM. Story of Brian Wilson. Station Theatre, SF. 283-0300, smithsfallstheatre.com. \$10; students \$5

O'Brien Arnprior: 7:30PM. Oct 5 **Slow West**; Oct 12 Phoenix; Oct 19 Love & Mercy; Oct 26 Mavis! obrientheatre.com

7рм, (Station Theatre, SF); Oct 14, 2 & 7рм

(Full Circle, Perth). filmnightinternational. blogspot.ca Incident at the Bunker: A Zombie **Adventure**, Oct 10, 17, 24, 25, 31; Nov 1,3PM. Interactive zombie adventure. Ages

12+. The Diefenbunker, Carp. 839-0007,

diefenbunker.ca. \$19.75 Sadie Flynn Comes to Big Oak, Oct 15-17, 23-24 at 7:30pm; Oct 18 & 25 at 2PM. Station Theatre, SF. 283-0300, smithsfallstheatre.com. \$20; \$10 students w/ID

My Old Lady, Oct 16-17, 22-24 at 8PM; Oct 18, 25 at 2PM. Full Circle Theatre, Perth. 267-1884, barndoorproductions.ca **Studio Theatre Murder Mystery**

Gala, Oct 16, 6–9PM. Fundraising dinner.

Perth Legion, 236-0437. \$50 (\$30 receipt)

Boychoir, Oct 18, 2:30pm. Presented by Hub Hospice. MVTM, Almonte. 256-1909, hubhospice.com. \$12 Living Is Easy (with Eyes Closed), Oct 8 O'Brien Renfrew: Oct 18, 19 The Wrecking

Crew; Oct 18, 21 Grandma. 432-0866 obrientheatre.com PPAC: Red Green, Oct 18, 7PM. PDCI, 13 Victoria St., Perth. 485-6434,

ticketsplease.ca. Ottawa Valley Comedyfest, 8PM: Oct 23 & 24 at Neat in Burnstown, North on 29 in CP neatfood.com, northon29.

com. \$30 **Evening of Mystery Theatre/Din**ner, Oct 23, 6-I IPM. Proceeds to Camp Merriwood & Legion. Westport Legion,

273-7017, roleytrish@gmail.com. \$25 The Odyssey, Oct 29, 7pm. W/ storyteller Jan Andrews. Almonte Library. 256-9090, 2wp.ca. By donation

An Evening of One Act Plays, Oct 29, 30, 31 at 8pm; Nov 1 at 2pm. Trifles & The

Way of all Fish. Studio Theatre, Perth. 267-7469, studiotheatreperth.com. \$24/22/10

Literature 🖳

In Conversation: Janet Hepburn, Author of Flee, Fly, Flown. Oct 2, 2:30PM at MVTM, Almonte <mvtm.ca>; Oct. 3, 4:15PM at Perth Library

Ottawa Writers Festival - Perth Chapter: Oct 2 (7PM-), 3 (9AM-), 4 (10:30AM-12:30PM). Douglas Gibson talk, book fair, workshops, etc. Program/tickets

at Perth bookstores. writersfestival.org Writers Reading, Oct 3, I-5:30PM. Frances Itani, Eric McCormack, Alison Pick. The Cove, Westport United Church. westportartscouncil.com. \$15/\$12

Book Signing: Ron Lawruk, Oct 10, I-3:30_{PM}, Mill St Books, Almonte. A Cdn spy's autobiography. 256-9090





OCTOBER 2015



Valley Singles Lunch, Oct 4, IPM. Finnigan's

Macnamara Field Naturalists' Club,

CP Horticultural Society Mtg, Oct 7,

Church, CP. cphorticulture.ca. \$3/\$10

RVH Auxiliary Pie Sale, Oct 9, 10AM-1PM.

Zombie Walk for Hunger, Oct 10,

Apple Day, Oct 10, 11 AM-3 PM. Juice, cider,

middlevillemuseum.blogspot.ca. \$5 Perth Hort. Society: Peonies, Oct 13,

5690, perthhortsociety.com. \$3

Almonte United Church, mvfn.ca

10_{AM}. 2km. Almonte Community Centre,

desserts. Middleville Museum, 259-5462,

7-9PM. St. Paul's United Church, Perth. 253-

Natural History talk w/James Coupland.

Learn about death, burial & mourning

rituals of the past. Tickets at museum. CP &

Beckwith Heritage Museum, 253-7013, \$10

Historical Soc mtg. Perth Legion, 264-8362,

Drive, Oct 17, 10am-4pm. PetValu, Arnprior.

PDHS: Railroads, Oct 15, 7:30PM. Perth

Arnprior Humane Society Supply

623-0916, ampriorhumanesociety.ca

Mississippi Mills River Run, Oct 17,

Bereavement Support Group, Oct 19,

Foodsmiths' Ladies Day, Oct 22, 12-6PM.

Foodsmiths, Perth. foodsmiths.com

Museum, SF. 283-6311, \$5

SF Hist. Society: Flying Club, Oct

10:30AM-12PM. St. Paul's Anglican Church,

Almonte. 883-6646, hubhospice.com. Free

Interval House fundraiser. Education, prizes.

22, 7PM. Video of Russ Beach Smiths

Falls-Montague Airport., Heritage House

I-3PM. Lanark Learning Centre, 67 George

etc. CP & Beckwith Heritage Museum, 253-

themed designs; support Arnprior Humane. Book at 552-5012. Ink & Iron Tattoo, CP.623-

0916, arnpriorhumanesociety.ca. \$60/100

7PM. Bring costumes, non-perishables for

St. Andrew's Church, Pakenham. 832-2827,

rence, trees/shrubs for small spaces., Cor-

nerstone Com. Church, Almonte. 256-5594

Food Bank. Bridge Street, CP. 257-8049

Roast Turkey Supper, Oct 24, 4:30-7PM.

Almonte Hort. Soc., Oct 26,7:30PM. Ed Law-

St. James Cemetery Ghost Walk, Oct 28,6:30-8_{PM}.Tickets at CP Beckwith Muse-

\$15, kids 6-12 \$7

Maskeraid Halloween Parade, Oct 24,

African Grandmothers Video, Oct 23,

St. 259-2207, grahamanne56@bell.net

Button It, Oct 24, 10AM-4PM. Displays, care,

Tattoos to the Rescue, Oct 24-25. Pet-

7013, cpbheritagemuseum.com. \$2

8:30_{AM}. Register aegleevents.com. Almonte

MVFN: Nature Talk, Oct 15, 7:30pm.

Our Haunted Heritage, Oct 15, 7-9PM.

Scott & Sons Hardware, Renfrew

256-9298, \$10

perthhs.org. \$2

Fairgrounds, 798-3807

Oct 6,7:30PM.Arnprior Curling Club, mfnc.

7PM. Japanese flower arranging. St. Andrew's

Road House, Renfrew. 622-5693 Green Drinks, Oct 6,5:30PM. Golden Arrow,

Perth. GreenDrinks.org

ca. Guests \$5, students free

Sunday Saturday

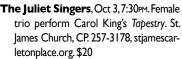
🔳 Art with a Past, SF 🕏 Fall Bazaar, Ashton Calabogie Artfest , Calabogie Art with a Past, Smiths Falls $\ \ \, \hspace{-1pt} \ \ \, \hspace{-1pt} \hspace{-1$ 🥞 Love & Mercy, SF * Festival of the Senses, Calabogie Country Music Jamboree, Bolingbroke In Conversation: Janet Hepburn, Almonte ♪ Knotslip, John St. Pub Writers Reading, Westport Exhibition Launch: Nuclear Family Kitchen, Carp Live Music, Waterfront Gastropub Festival of the Senses; Artfest , Calabogie Fall Colours Nature Walk, Lanark Love & Mercy, Smiths Falls Chicken & Rib Night, Westport Morgan Davis, The Cove In Conversation: Janet Hepburn, Perth Merrickville Artists' Guild Studio Tour Murder By The Lake Band, John St. Pub L'Arche Fundraising Dinner, Amprior ♪ Open Mic w/Kelly Sloan, Ashton Pub Notaberfest, Almonte Merrickville Artists' Guild Studio Tour 🕮 Ottawa Writers Festival - Perth Chapter, Perth Ottawa Writers Festival - Perth Chapter, Perth Ottawa Writers Festival - Perth Chapter, Perth ♪ Sunday Blues, Waterfront Gastropub **♪** Riq Turner, Golden Arrow Richard Gill Fall Show Vernissage, Burnstown Valley Singles Lunch, Renfrew ♪ Steve Barrette Trio, The Swan at Carp SchoolBox Latin Fiesta, Almonte ■ **Vernissage**, McDonalds Corners ■ Vernissage: Unnatural Consumption, Almonte Apple Day, Middleville & Star Wars Reads Day, CP 🕮 Book Signing Almonte 🗏 Expressions of Art, Carp A Valley Thanksgiving, Valley Food & Drink Co. ▲ **Valley Thanksgiving**, Valley Food & Drink Co. APEX Jazz Band, The Royal Oak Acoustic Saturdays, Waterfront Gastropub Clever Mess Jazz Club, The Barley Mow Expressions of Art - Vernissage, Carp April Hate - Nirvana tribute, John St. Pub Crown & Pumpkin Studio Tour, Almonte Jeff Callery, The Cove Cole Malone, Golden Arro Expressions of Art, Carp Live Music, Waterfront Gastropub Cptn Fantastic: Elton John Tribute, Smiths Falls Fall Colours Studio Tour, Westport Riq Turner, Golden Arrow Crown & Pumpkin Studio Tour, Almonte River City Radio, John St. Pub Fall Colours Studio Tour, Westport Perth Autumn Studio Tour, Perth RVH Auxiliary Pie Sale, Renfrew Incident at the Bunker: Zombie Adventure, Carp ♪ Sidepipe & The Rhetorics, John St. Pub Perth Autumn Studio Tour, Perth ♪ Sunday Blues, Waterfront Gastropub The Rockabilly Riot Buffet/Show, The Cove **▶ Ted Lalonde**, Golden Arrow **Zombie Walk for Hunger**, Almonte My Old Lady, Perth Red Green, Perth Acoustic Saturdays, Waterfront Gastropub Live Music. Waterfront Gastropub Arnprior Humane Society Supply Drive, Amprior Boychoir, Almonte Grandma, Renfrew Merrickville Jazz Fest, Brea Lawrenson, Golden Arrow Mudds Youth: Romeo & Juliet, Carleton Place 👣 Incident at the Bunker: Zombie Adventure, Carp Choral Evensong, Perth My Old Lady, Perth John Wilberforce ,The Cove Country Harvest Music Show, Carleton Place Oktoberfest w/Turpin's Trail,The Cove Maxel Black's Disciples of Dio, John St. Pub Magnolia Rhythm Kings, The Royal Oak Rig Turner, Golden Arrow Merrickville Jazz Fest, Merrickville Merrickville Jazz Fest. Sadie Flynn Comes to Big Oak, Smiths Falls Mississippi Mills River Run, Almonte Mudds Youth: Romeo & Juliet, Carleton Place Steve Barrette Trio, The Swan at Carp Mudds Youth: Romeo & Juliet, Carleton Place Open Mic w/Kelly Sloan, Ashton Pub Studio Theatre Murder Mystery Gala, Perth ⁸₹ My Old Lady, Perth Sadie Flynn Comes to Big Oak, Smiths Falls **▶** The Acorn, Neat Coffee Shop Sadie Flynn Comes to Big Oak, Smiths Falls SRO Big Band Tea Dance, Almonte The Humdingers, John St. Pub 🕮 Used Book & CD/DVD Sale, Almonte Sunday Blues, Waterfront Gastropub Vernissage: 4A's Mill St. Panorama, Almonte The Wrecking Crew, Renfrew Valley Trivia Night, Calabogie My Old Lady, Perth ▼ Ted Lalonde, Golden Arrow African Grandmothers Video, Lanark Turkey Supper, Pakenham **Button It**, CP ♪ David Vest & The Willing Victims, Westport APEX Jazz Band, The Royal Oak Craig Cardiff, Amprior Jazz House Concert, TBA Ottawa Valley Comedyfest, CP, Burnstown Acoustic Saturdays, CP J Stringtease, Bolingbroke → Dan Dunlop Band, John St. Pub My Old Lady, Perth Blues in the Books w/Fathead, Arnprior Evening of Mystery Theatre/Dinner, Westport Open Mic w/Kelly Sloan, Ashton Pub Ottawa Valley Comedyfest, CP, Burnstown ♪ Live Music, Waterfront Gastropub Sadie Flynn Comes to Big Oak, Smiths Falls Fundraiser: Tattoos to the Rescue, Carleton Place My Old Lady, Perth Slocan Ramblers, Maberly fe Incident at the Bunker: Zombie Adventure, Carp Riq Turner, Golden Arrow Sunday Blues, Waterfront Gastropub Maskeraid Halloween Parade, Carleton Place Sadie Flynn Comes to Big Oak, Smiths Falls Riverthieves, Valley Food & Drink Co. A Scottish Country Dancing, Perth The NightCrawlers, Generations Inn Sadie Flynn Comes to Big Oak, Smiths Falls Y Stuffed Animal Sleepover, Carleton Place Say Yes & The Standstills, John St. Pub → Wade Foster Trio , Perth The Shambles for Breast Cancer, Perth ▲ Acoustic Saturdays, Waterfront Gastropub Almonte Lectures: Alzheimer's, Almonte 🖲 An Evening of One Act Plays, Perth An Evening of One Act Plays, Perth 🖲 An Evening of One Act Plays, Perth Fall Tea & Bazaar, Almonte **Beckwith Hallowe'en Party**, Beckwith Hallowe'en Party for LAWS, Lanark Breakfast with Soul, Almonte Tattoo (Van Halen tribute), John St. Pub DanahKae CD Release Party, Valley Food & Drink Co. Hallowe'en Open Studio, Almonte Tales of Almonte's Past, Almonte → Hallowe'en Party, Valley Food & Drink Co. Open Mic w/Kelly Sloan, Ashton Pub Live Music, Waterfront Gastropub Long Sault Trio, The Cove Incident at the Bunker: Zombie Adventure, Carp **HMS Erebus**, Smiths Falls mAlice & Monsters (Cooper tribute), John St. Pub ♪ Sunday Blues, Waterfront Gastropub IODE Fall Craft Show/Fundraiser, Carleton Place J' Steve Barrette Trio, The Swan at Carp Jarvis Church, Carleton Place ♪ Texas Tuxedo Halloween Party, Golden Arrow Lucky B's Halloween Party, Golden Arrow

10AM-4PM. Funds go towards expanding the library's collection. Almonte Library

7_{PM}. Mill Street Books, Almonte. 256-9090, millstreetbooks.com

National Novel Writing Month, November. Join the adult writers group for NaNoWriMo. CP Library. 257-2702

Music



Country Music Jamboree, Oct 4, 2PM. Waltzes, sq dancing, 5:30PM dinner. ABC Hall, Bolingbroke. 273-2571. \$15

Captain Fantastic: Elton John Tribute, Oct 10, 8pm. Tickets at Special Greetings (SF), ticketsplease.ca. Station Theatre, SF. Iflynnthepromoter@gmail.com. \$25

Baldachin Inn, Merrickville. 290-0028, merrickvillesjazzfest.com.

Cranmer Singers. St. James Anglican Church, Perth. 267-1163, stjamesperth.ca

Country Harvest Music Show, Oct 18, 5:30_{PM} social; 7_{PM} show. Dan Paul Rogers, Davey Drummond, John Bowes, Clarence Bowes & more. Fundraiser. CP Arena, 253-5046. \$15

SRO Big Band Tea Dance, Oct 18, I-4PM. Almonte Old Town Hall. 692-5380, sroteadances.org. \$14; \$25 couple

BOTR: David Vest & The Willing Victims, Oct 23, 7pm. Proceeds to Rideau District Museum. The Cove, Westport. Reserve at 1-888-COVE-INN, bluesontherideau.ca. \$65+tx w/ dinner

Wade Foster Trio, Oct 23,7PM. Tickets at Mark's Cobbler. Perth Legion. \$15

Used Book, CD/DVD Sale, Oct 17, Merrickville Jazz Fest, Oct 15-18, Blues in the Books w/Fathead, Oct 24,7:30_{PM}. Library fundraiser. Arnprior Library,623-2279,library@arncap.com,\$35

Book Club: The Story Hour, Oct 28, Choral Evensong, Oct 18, 4PM.W/The Craig Cardiff House Concert, Oct 24, 8PM. Sponsored by Cdn Peace Initiative. Arnprior Guest House, 46 Elgin St. E. kimberleyingaletta@hotmail.com. \$25

Jazz House Concert, Oct 24, 8pm. The Robert Fontaine Quartet. TBA, jazzn.

Stringtease, Oct 24, 7PM. Cash bar. ABC Hall, Bolingbroke. 273-8718, merion@ kingston.net. \$15

The Shambles for Breast Cancer, Oct 24,8_{PM}. Rock n roll.fundraiser.Tickets at ticketsplease.ca or Shadowfax. Perth Legion. 326-0218. \$20 (\$35 couple)

Slocan Ramblers, Oct 25, 7PM. Bluegrass MERA fundraiser at Maberly Community Hall. 485-6434, ticketsplease.ca. \$22 adv

Pub Listings p. 26

Bob Burtch Bluegrass Band, The Cove

👤 Magnolia Rhythm Kings,The Royal Oak

♪ Open Mic w/Kelly Sloan, Ashton Pub

Artist's Talk: Louis Helbig, Almonte

Incident at the Bunker: Zombie Adventure, Carp

Tattoos to the Rescue, Carleton Place

Incident at the Bunker: Zombie Adventure, Carp

National Novel Writing Month, Carleton Place

Search for Franklin's Lost Ships & Discovery of



dance (8:30). Almonte Civitan Hall, 839-1160.\$23

Chicken & Rib Night, Oct 3, 5-7PM. Westport Legion, 273-3223, \$16

Fall Luncheon, Bazaar & Bake Sale, Sat. Oct 3, I I AM-I PM. Ashton United

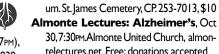
Church, \$8; \$4 ages 6-12 L'Arche Arnprior Fundraising Dinner, Oct 3, 4:30-10pm, St. John Chrysostom Hall, Arnprior. 623-7323, outreach@

larchearnprior.org, min. \$5 donation SchoolBox Latin Fiesta, Oct 3, 7PM. Latin jazz, dance lesson, salsa. Tickets at Equator. Almonte Civitan Hall, schoolbox.

ca. \$20/15 Fall Colours Nature Walk. Oct 4, 10AM.

Guided hike for all ages/abilities. Blueberry Mountain, Lanark. 259-3412, mmlt.ca. \$10





telectures.net. Free; donations accepted Breakfast with Soul, Oct 30, 8-10AM. Nourish mind, body & spirit. Lilly White's, 43 Johanna St., Almonte. 292-3292

Ghastly Tales of Almonte's Past, Oct 30, 7PM. Walking tour & film Ghosts of Mississippi Mills. Almonte Old Town Hall, 256-3754, mvtm.ca. \$20

Fall Tea & Bazaar, Oct 31, 1-3PM. Almonte Civitan Hall, 257-8660

Hallowe'en Party for LAWS, Oct 31, 7:30PM. DJ GRIMM, costumes optional, snacks. Temple's Sugar Bush. \$75 (\$130/2)

IODE Fall Craft Show, Oct 31, 10AM-3PM. IODE raises funds for local children & families in need., Carleton Place Arena

Search for Franklin's Lost Ships, Nov I, I-4PM. Heritage House Museum, SF. 283-6311, heritagehouse@smithsfalls.ca. \$10





Pub Crawling: October Listings

4500): 9PM. Wed Karaoke, Thurs Open Mic, Fri Riq Turner Oct 3, 17 Brea Lawrenson Oct 10 Cole Malone Oct 11,24 Ted Lalonde Oct 30 Texas Tuxedo Halloween Party Oct 31 Lucky B's Halloween Party

The Cove (Westport, 273-3636): Wed Shawn McCullough 6-9PM Oct 1,8 Jazz w/Spencer Evans 9-11PM Oct 2 Morgan Davis, 7-10PM, \$10 Oct 3,31 Head Over Heels, 6-9PM Oct 4 Bluegrass Band, I-4PM, \$10 Oct 9 Jeff Callery, 7-1 IPM Oct 10The Rockabilly Riot, 7-1 IPM, \$35 Oct 16 Oktoberfest, 6:30-10:30_{PM}, \$10 Oct 17 John Wilberforce, 6-9PM Oct 30 Long Sault Trio, 7-10PM

Valley Food and Drink Co. (Calabogie, 752-2676x311): Thurs Karaoke 8PM Oct 3 Percussion/dancing, 7PM Oct 10 (8PM), 11 (7PM) A Valley Thanksgiving w/Gillian Rutz Oct 24 Riverthieves, 8PM

Oct 30 DanahKae CD release, 7:30, \$10 Oct 31 Halloween Party, 7PM Fiddleheads (Perth, 267-1304): Sun-

days Clay Young Jazz Brunch, 12-3PM Oct 11 Jim McCreavy; Dave Ward;

Oct 25 Dave Renaud; Clay Young The Swan at Carp (Carp, 839- Generations Inn (CP, 253-5253):

Oct 2, 16, 30 Steve Barrette Trio, iazz, 7-10pm, no cover

Neat Coffee Shop (Burnstown, 433-3205): 8pm

Oct 3 Jay Malinowski & Deadcoast, \$25 Oct 6 Jeff Martin (of the Tea Party), \$65 Oct 16 The Acorn, \$20

North on 29 (CP, 253-2276): 8PM Oct 7 Jeff Martin, \$65 Oct 22 Jully Black, \$65 Oct 31 Jarvis Church, \$65

Golden Arrow Pub (Perth, 267- Naismith Pub (Almonte, 256-6336): Wed Open Celtic Jam, 7:30-10_{PM}

> Carp Masonic Lodge: Mon Carp Celtic Jam, 7-9PM

> Ashton Pub (Ashton, 257-4423): Sundays Open Mic w/Kelly Sloan, 2-5_{PM}

> The Barley Mow (Almonte, 256-5669): Thur. Ramblin' Valley

Oct 11 Clever Mess Jazz Club, 2-5pm **O'Reilly's Pub** (Perth, 267-7994): Tues Brock Zeman & Blair Hogan 8:30_{PM};WedAcoustic Stage w/Dave Balfour 8_{PM}

Love That Barr (Pakenham, 624-2000): Thursdays Open Mic, 8pm

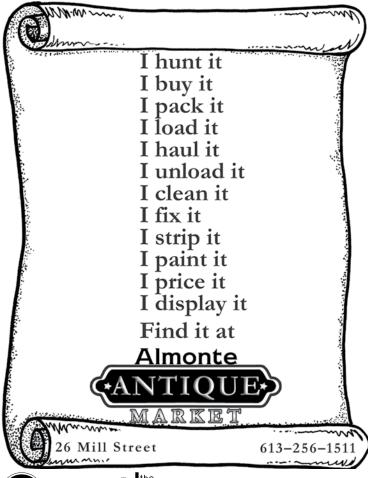
Alice's Village Café (Carp, 470-2233): Open MicThursdays, 7:30PM **John St. Pub** (Arnprior, 623-8149) Oct 2 Murder By The Lake, 9PM, \$5 Oct 3 Knotslip, Hellbound, 9PM, \$10 Oct 9 River City Radio, 9PM, \$5 Oct 10 April Hate, 9PM, \$10 Oct 11 Sidepipe, Rhetorics, 9PM, \$6 Oct 16 The Humdingers, 9PM, \$5 Oct 17 Disciples of Dio, 9PM, \$10 Oct 23 Dan Dunlop Band, 9PM, \$6 Oct 24 Say Yes, Standstills, 9PM, \$10 Oct 30 mAlice & Monsters, 9PM, \$10 Oct 31 Halloween Bash, 9PM, \$10

Oct 25 The NightCrawlers acoustic blues, 6-9PM, no cover

The Waterfront Gastropub (CP,257-5755):Wed Open Jam 9PM; Thurs Karaoke 9PM; Fri Live Music 9рм; Acoustic Sat 3-6рм & 9рм; Sun Blues 3-6PM

The Royal Oak (Kanata, 591-3895): jazz on Sun, no cover, 2-5PM Oct 4, 18 Magnolia Rhythm Kings Oct 11,25 APEX Jazz Band

Support live music!



Brea Lawrenson at the Golden Arrow

deserves commendation for their devotion reminiscent of Suzie Vinnick." to live music. I don't know if most people

by Rob Riendeau

Pub Crawling

the venue pays the performer. The expectation is that by hosting live music the venue attracts new clientele and keeps their existing patrons happy. It's no small investment, but it can be a pretty smart that could be used for more tables, they may have one because there are few better experiences for a music lover than hearing a really good performer in an intimate setting like a pub.

Arrow in late September to hear Brea Lawrenson's solo gig. Brea is a tremendous talent. She has 3 CDs to her credit and in 2015 she was a nominee for Let your server or the manager know. Is the TV the CMAO's Female Artist of the Year and Rising Star. Before her gig in Perth, Brea had been in Halifax showcasing at the Canadian Country Music supporting the live music scene throughout the Awards. In short, she's got the goods.

And when you see her live, it's clear why she is garnering all of these accolades. Her pure, powerful, country-tinged voice is full of soul. With just If you (like most people, I assume) turn to this her and her guitar, she really played with the dynamics of the songs - increasing or decreasing Humm, then you are in luck! You may just be readher overall volume to create drama. Her repertoire ing this in time to drop your other plans and head featured a healthy dose of her original songs along with some tunes by Fleetwood Mac, KT Tunstall, and Cam. Overall, I would say that her solo performance had a much more "americana" sound than pure country. My 21-year-old daughter found

The Golden Arrow Pub in Perth certainly Brea's voice "beautiful but with power and grit —

My only complaint about the evening was that have given it much thought, but when a the TV right above the stage remained on throughpub features a band or solo performer and out Brea's set. It was probably just an oversight, and there is no cover charge, that means that in retrospect I regret not mentioning the TV to our server to see if it could be turned off.

And that brings me to the point of this column. When a pub presents live music, they are partnering with their clientele to create an experience where everyone benefits. They have taken a risk by booking the performer, they have devoted space even paid for advertising in this fine publication. We, as patrons of these live music venues buy food and drinks, listen attentively to the singer or band, With that in mind, I headed over to The Golden and refrain from yelling out "Freebird" or "Copperhead Road" as much as possible. And we can also provide feedback. Was the performer really good? distracting? Ask if it can be turned off. Ultimately, we're all in this together, with a goal of building and Ottawa Valley.

Ramblin' Valley Band CD

column first when you pick up your copy of theto The Barley Mow in Almonte for The Ramblin' Valley Band's CD release party on October 1. If you are reading this too late to make it to the event, fear not - I am sure that RVB will be playing a venue near you soon! I'll have a review of the CD and the release party for you next month.

The Odyssey **Comes To Almonte**

"The hero of that tale I pray the goddess help me tell is that resourceful man who roamed the wide world in his efforts to return home after he had sacked the holy citadel of Troy."

So begins Homer's *Odyssey*, a tale storyteller Jan Andrews has been telling for over twenty years. She has been telling it as it was meant to be told through the power of the human voice, spoken with passion to the company of spellbound listeners.

"I'm privileged to carry the torch, bringing this great work of literature into the world anew," Jan says. "I'm also hugely grateful to both the Almonte branch of the Mississippi Mills Public Library, and the much-loved Mill Street Books for getting together to make it all happen. I realize the Library isn't exactly an ancient hall, but I also know I can promise an intensely memorable experience. After all, *The Odyssey* is an outstanding story. So ancient and yet leaping forth so vibrantly for all of us, capturing that search for home which stands at the heart of all our lives."

collection — will be received most gratefully. Support is also coming from the local storytelling company 2 women productions.

Jan is one of Canada's most renowned storytellers, famed for her ability to weave magic with her words. She has performed on stages both across te might prove a wise decision. Call 256-9090 or the country and internationally. She was the recipi-



Storyteller Jan Andrews will tell the tale of The Odyssey at the Almonte Library on October 29

ent of Storytellers of Canada-Conteurs du Canada's The event will take place on October 29 at 7PM Storykeeper Award in 2013, and in 2014 was honat the Mississippi Mills Library's Almonte Branch oured with the opportunity to create the CD Nau-(155 High Street). Admission is free but donations sicaa and Penelope — Two Women of The Odyssey — to enable the library to make purchases for its through that organization's StorySave project. In Ottawa, she has co-produced day-long tellings of both The Odyssey and The Iliad on behalf of Ottawa StoryTellers at the Fourth Stage of the National

> Saving a seat for The Odyssey Comes to Almon-256-1037.

Balancing the Cross and Sword in *Romeo and Juliet*

Ask the cynics: they'll tell you that Romeo and Juliteenagers that ends up with six people dead. But Shakespeare was deeper than that. With this play, he held the powerful to account for their hatred and constant warfare.

In the forthcoming Mississippi Mudds youth production of *Romeo and Juliet*, Thomas Lindsay (who plays Tybalt), puts it this way: "Tybalt Capulet is a young hot-blooded fighter who hates his enemies so much that he goes out of his way to pick fights with them. All he has is his hatred and his self-importance — and it's interesting to play someone who runs only on ego."

Long-time Shakespearean Katie Irvine, who plays Mercutio, agrees: "most of the male characters in this play are incredibly arrogant. They don't care about anything except their status — both in acting unperturbed in the face of death, and also in the treatment of their servants — and their enemies — as dirt. When playing Mercutio, it's more subtle, but it's always there."



The indomitable Mississippi Mudds Youth tackle Romeo and Juliet — with a twist — in Carleton Place this month!

Check out our website www.handsonhealing.ca for the Dr. Oz video on facial acupuncture

It's part of Shakespeare's genius to show a strong et is the story of a three-day romance between two contrast between them and the tenderness and romance shown by Romeo and Juliet.

> Lydia Charron, who plays Romeo, uses her character to heighten this contrast. "This production is being presented as though it was a high-school rehearsal of Shakespeare's play. I play a young woman who doesn't, at the beginning, want the part of Romeo — but because of the strength of the story, I come to understand how Romeo wants to live life on his own terms. He becomes a romantic — in the truest sense."

> The actor playing Juliet - Molly Cooney echoes this. "I play a shy girl who's never had a big part in Shakespeare before — but in doing Juliet, and playing off Romeo, this young actor learns to trust herself, and her own ability. It's sort of like Juliet herself — she starts out the play as a child, but by the end, she has fully matured, and makes her own choices."

> But these choices condemn them, partly because of the arrogance of those in power.

> "I play a Franciscan Friar who has a plan to unite the families, by marrying Romeo and Juliet behind their backs," says Peter Irvine. "But in the end, he has to admit that the dead bodies in front of him are at least partly his own fault. It's a great part for an actor, because it gives you a chance to play someone who hits his lowest point, right at the end

> Natalya Lunan-George, who plays the Prince of Venice, has this to say: "Like the Friar, the Prince has not done his duty. At the close of the play, his anger at himself is just as great as his anger at the two warring families. He says that, in turning a blind eye to their violence, and letting the hate continue, he too is responsible for their deaths."

> And Shakespeare offers us no clear answer has hate won? Or has love? Come and see the play in October, and decide for yourself.

> Romeo and Juliet runs Friday, October 16 at 7:30рм, Saturday, October 17 at 2рм and 7:30рм, and Sunday, October 18 at 2PM, at the Carleton Place Town Hall. While the play is suitable for most audiences, younger children may be frightened by the staged violence and swordfights. Tickets cost \$10, and are available from Hallmark Carleton Place (428 McNeely Ave., 253-3000). For more information, visit <mississippimudds.ca>.

— Mark Piper



THANK YOU

for saying you saw their ad









Pick up the Humm in Smiths Falls at ANDRESS' YIG



Sadie Flynn Comes to Smiths Falls!

Sadie Flynn Comes to Big Oak is another rib-tickling comedy from the pen of that most popular of Canadian playwrights, Norm Foster. Directed by Katharine Coleman and performed by an all-star cast, the play opens at Smiths Falls' Station Theatre on October 15 and runs until its final matinée on the 25th.

Big Oak is a small town where everyone knows everyone else's business. Tom Shaw owns Millie's Cabin, the town's diner. Orson Hubble is his best friend and works there with him. Bev Dupuis owns the hair salon and Rachel Blessington is the local telephone operator who has had intimate access to all the goings on of the locals through the phone lines. Nothing new ever happens in Big Oak—until the day Sadie Flynn, convicted husband murderer, comes to town on the bus.

Looking for a place to start fresh, Sadie settles into life in Big Oak and begins interacting with the folks at Millie's Cabin. With her keen ear for local gossip and an incredible personal requirement to has put his own spin on the classic diner theme. It's right wrongs, Sadie shakes up the quiet little town, a bright and cheerful set that will put the audience much to the delight of some (and the horror of others). Sadie has plenty to keep her busy. For starters, there's Bev's AWOL husband to observe, Rachel's cousin who thinks she's Annie Oakley, and Tom's reputation as a lothario. Throughout all her meddling in the lives of the folks in Big Oak, the audience has plenty to laugh about as they follow along

The small cast of Sadie Flynn is directed by Katharine Coleman, who also plays the title role of be purchased for cash at Special Greetings (8 Rus-Sadie. The role of Tom Shaw is played by Hugh Mc-Culloch, and Orson Hubble is played by Jamie Schoular. Nicki Hayes takes on the role of Bev Dupuis, only (subject to availability, a half-hour before the and Christine Winter plays the role of Rachel, the performance). The Station Theatre is located at nosey telephone operator.

When asked about her take on the play, Katharand that's what keeps it interesting. The set is wonderfully created, primarily by Bill Hamilton, who or finding them on Facebook.



Rachel (Christine Winter) shares some fascinating gossip with Bev (Nicki Hayes) as Sadie (Katharine Coleman) listens in, at rehearsal for the Norm Foster comedy Sadie Flynn Comes to Big Oak, playing at the Station Theatre from October 15-25

in the right frame of mind for a fun night of fairly silly but always endearing comedy, sometimes with extreme double-entendres."

Performances take place at 7:30pm on October 15, 16, 17, 23 and 24, and at 2PM on October 18 and 25. Tickets are \$20 for adults and \$10 for children/students (with ID), with special group rates also available. Call the Station Theatre at 283–0300 for details and to order by credit card. Tickets may sell Street East), online (smithsfallstheatre.com, via Paypal/Visa/Mastercard), and at the door for cash 53 Victoria Street in Smiths Falls.

Find out about other upcoming shows — such as ine says: "We wanted to make this play very invit- Love and Mercy, the movie musical about the life of ing, both visually and emotionally. The characters Brian Wilson of the Beach Boys showing on Octoare all very likable, but they are also very diverse, ber 2 and 3; and the musical tribute to Elton John on October 10 — by visiting <smithsfallstheatre.com>

A Delicious Mystery That's Murder to Solve!

Let's be honest — haven't we all nursed a secret questions. Guests are also invited, but not required, longing to play Columbo (or fill in your own fa- to dress for the era, which happens to be 1936 vourite TV detective) and solve the murder mystery by analyzing clues and collaborating with fellow sleuths to learn the killer's identity and expose the dastardly deed?

that when the Studio Theatre presents its gala fundraising event, The Watersdown Affair. This exciting evening has it all: a tantalizing murder mystery, a delicious three-course meal, a cash bar and even but *how*, and *why* — the all-important motive. Will a silent auction.

coordinator Laurie Reesor, who, as Detective Ree- ing's meal and activities in the spirit of the event? sor, will guide you on your way to sleuthing success,

Either way, this will be an affair to die for. starting with the pronouncement that: "Someone has been murdered!" Besides being given instrucin solving the mystery.

Nine of Studio Theatre's finest performers will appear in costume as characters at the Watersdown Mansion, and one of them will eventually be a delectable meal included! There's no mystery identified as the murderer. Will you be the one to you'll have a murderously delightful time! ferret him or her out? The costumed characters will mingle with guests, providing clues and answering

another opportunity to be part of the evening's fun approach to fundraising.

The events of the crime will unfold in four stages, before and during the meal — which, by the On October 16 you'll have the chance to do just way, will be as delicious as the clues, starting with a fresh salad, then your choice of beef, chicken or vegetarian lasagna, and dessert. The solution to the crime will not just be who committed the murder, your table win first or second prize for innovative Leading you through the evening will be event investigating? Or will you simply enjoy the even-

Don't miss The Watersdown Affair Murder Mystery dinner, October 16 at the Royal Canadian tions by Detective Reesor, each of the twelve tables Legion, 25 Beckwith Street in Perth, from 6 to 9pm. will have information packets that will assist guests The cost for the entire evening is just \$50 per person, and a \$30 tax receipt will be issued. For tickets, call Isabel at 236-0437.

Come out for an interactive evening of fun, with

— C. Lee Bates

Top Bluegrass Band Coming to Maberly

Canada's hottest young bluegrass band, the **Slo**- one within earshot into a lifelong fan. Not surprismonth at Maberly Hall in a fundraising concert for Folk Fest Emerging Artist Award. MERA, on Sunday, October 25 at 7PM.

The Ramblers, who are wowing audiences across the continent with renditions of traditional bluegrass classics and their own fiery original tunes, performed at the MERA Schoolhouse to a soldout audience last year. For their return appearance, MERA is hosting them at the larger Maberly Hall as a fundraising event for the community arts and recreation centre that serves Lanark Highlands, Drummond and Tay Valley Townships.

The Slocan Ramblers are Canada's young bluegrass band-to-watch. Rooted in the tradition, fearlessly creative, and possessing a bold, dynamic sound, The Slocans have quickly become a leading light of Canada's roots music scene, built on their reputation for energetic live shows, impeccable musicianship and uncanny ability to convert any-



The Slocan Ramblers will play a fundraiser for MERA at the Maberly Hall on Sunday, October 25

can Ramblers, will make a special appearance this ingly, they are the recipients of the 2015 Edmonton

On their new album, Coffee Creek (2015), the band blends lightning-fast and devilishly intricate instrumentals with the sawdust-thick vocals of singer Frank Evans, who takes lead on songs ranging from rowdy old-time numbers like Groundhog to a Dustbowl classic like Woody Guthrie's Pastures of Plenty. "Toronto audiences don't respond to a clean, polished Nashville sound," explains composer and mandolinist Adrian Gross. "They dig a lot of energy in their music; a rowdy bar vibe. They're hard to win over." But the Ramblers have won them over, moving from a young ensemble of bluegrass pickers to one of the best-known Canadian roots bands. They've done this by staying true to the roots of the music, not seeking to revive anything but rather to tap the rough and rowdy heart

> The Slocan Ramblers recorded Coffee *Creek* the same way they perform on stage: standing up, leaning into the music, and pushing harder and harder for that edge just beyond. The recording is roots music without pretension, music intended to make you feel something, music to get you moving in a crowded bar.

> The Slocan Ramblers performance at Maberly Hall will take place on Sunday, October 25 at 7pm. Advance tickets are \$22 (\$20 for MERA members) and are available from Tickets Please: in person at 39 Foster Street in Perth (Jo's Clothes), online at <ticketsplease.ca>, or by phone at

Studio Theatre's Evening of One-Acts

This evening of one-act plays is proof that although game of one-upmanship between a self-absorbed some stories take two acts and two hours to tell, others are so simple and compelling that they deliver a full measure of drama, humour or heartbreak in half that time.

Premièring October 29 at the Studio Theatre, An Evening of One-Act Plays is a dramatically different kind of theatre experience — two bite-size plays, each about 30 to 40 minutes long, that welcome theatregoers into two unique worlds in one delightful evening.

The first world is that of an early 20th century farmhouse, where a murder has just been committed. Susan Glaspell's play Trifles, written in 1916, is a murder mystery that, of course, unravels as clues are exposed. But this thought-provoking play also gives us a revealing glimpse into the way women were perceived in a man's world a century Jen McLachlen.

From murder mystery to murderously funny, the second one-act of the evening is *The Way of all Fish*, written by legendary Academy Award-nominated actress and comedian Elaine May. This dark comedy, with as many twists and turns as a fish's tail, places us squarely in the middle of a ping-pong power the ticket price!

Manhattan executive and her seemingly drab secretary. The Way of all Fish represents the directorial début of award-winning Studio Theatre actress Joanna McAuley Treffers, and stars Rideau Awardnominated actress Alexis Scott and accomplished musical theatre actress Keegan Carr. The set is by Reiner Silberhorn, and Joanna McAuley Treffers also takes on the roles of costumer and set dresser.

Both Trifles and The Way of all Fish are Studio Theatre entries in the 2015 edition of the Eastern Ontario Drama League One-Act Play Festival, which takes place in Haliburton on the weekend of November 6–8. The Studio Theatre has a history of success at the EODL festival, and this year's entries will no doubt continue that winning tradition.

Don't miss your chance to see two entertaining, provocative plays in one sitting, as the Studio Theaago. The Studio Theatre's production is directed by tre presents An Evening of One-Act Plays, premi-Jane Stott, and stars Sheila Jasiak, Joanna McAuley èring Thursday, October 29 for four performances Treffers, Grey Masson, Lucas Tennant, and Martin only, October 29, 30 and 31 at 8PM, and Sunday, Treffers. The play features an original music com- November 1 at 2PM. Tickets are \$22 at The Book position, Call Up a Storm, written for the flute by Nook (cash only, 60 Gore Street E.), and online or by phone or credit card at Shadowfax, (67 Foster Street, 267-6817, shadowfax.on.ca) and Tickets Please (485–6434, ticketsplease.ca, a convenience fee applies). Tickets are \$24 at the door, and \$10 for students with ID. Visit <studiotheatreperth.com> for full details. Attend opening night and get \$5 off

Ciagonal home prenovations

Now based in Almonte!

Malte Mendzigall trained in Germany and worked in the interior design industry there before moving to Canada. For several years he ran a very successful interior design shop in Westboro, at the same time developing his hands-on skills at home renovation. He has been running Diagonal Home Renovations since 1997, offering residential and commercial services with an emphasis on quality and efficiency.

Until recently Diagonal was located in Ottawa, but this past summer Malte and his wife Gudrun moved to bustling, downtown Almonte! As a result, Malte is now seeking clients in this area. Whatever your renovation needs, Malte will work with you from conception, through design to final implementation, and the initial consultation is always free.

In addition to more traditional projects such as patios, decks, fencing, and bathroom and kitchen renovations, Malte loves to work with wood and specializes in cabinets, closets and even custom furniture needs. He has transformed a basement into a complete nanny apartment, built wine cellars and home gyms, and even created a kids' play space with a puppet theatre. He looks forward to helping you maximize existing space, create a new dream room, or design a backyard oasis!





The Juno Award-winning band Fathead will play a special "Blues in the Books" fundraiser at the Arnprior Library on October 24

Fathead in Arnprior

With two Juno Awards — along with numerous other music industry trophies — to their credit, Fathead has played the top blues rooms, concert halls and music festivals from coast to coast. On October 24, at 7:30pm, they will be in Arnprior, as the Friends of the Arnprior Public Library present their Blues in the Books fundraising concert. The band's sound is heavily steeped in the blues, married with elements of the best roots music, and possesses a unique ensemble sound that is immediately recognizable as their own.

"We'll be rolling our moveable shelves to create an amazing performance space within the library" says Friends chair Carol Carter. "The acoustics are great, and there will even be a dedicated space for dancing."

The library has hosted a variety of musical performances in the past, from classical and Celtic to blues. It'll be a treat to see such an iconic Canadian blues band perform in such an intimate setting," adds Carter. Seating is limited and tickets are available now for \$35 at the library or online at Brown Paper Tickets. All proceeds go to the library and will help bring future cultural programming to the community. For more information, call 623-2279 or email < library@arncap.com>.



Public Libraries Take Time to Celebrate!

and celebrate everything that makes our ion author Kelly Loy Gilbert. institutions unique and vital. In Ontario, we take a full week to celebrate our institutions, our staff, and our communities, with Ontario Public Library Week, from October 18 to the 24th.

by Meriah Caswell, Librarian

Why Do We Celebrate?

Speaking Volume:

Libraries are as distinctive as the communities they serve, and can be many different things to many different people. For students, the library can be a safe place to visit after school. For parents of young children, it can be a place to take part in fun (and free) programs. For those gifted in years, it may be a place to visit and socialize. From storytimes to adult social groups, local libraries offer specialized programs to serve the unique needs of their community. Meeting these diverse needs is in itself in a Jar contest, an adult colouring contest, and for a reason to celebrate, but why stop there? Libraries everywhere also share defining characteristics that are fundamental to our democratic society. As bestselling author Neil Gaiman so wonderfully put it, "Libraries are about freedom. Freedom to read, freedom of ideas, freedom of communication. They are about education... about entertainment, about making safe spaces, and about access to information." These values of freedom, access, and education are central to our institutions, and play an important role in our society. During Ontario Public Library Week, your library staff will be celebrating these unique facets of public libraries with fun programming and events.

What Are We Doing?

support the library through donations for their favourite books. On October 23, kids can bring their stuffies to the library for the second annual **Stuffed** Animal Sleepover. Test your literary knowledge

October is a special time for libraries in with a week-long trivia challenge. Bring your li-Canada, as staff and supporters across brary card in during Ontario Public Library Week the country officially celebrate Canadian for the chance to "get carded" and win prizes! The Library Month. Librarians, a notoriously Nerd Herd teen book club will be capping off the quiet bunch, kick off our sensible shoes month with a Skype interview with Disney-Hyper-

> Smiths Falls Public Library will be running a Food for Fines event throughout the week, with all donations going to the local food bank.

> Perth and District Union Public Library will be offering a video/writing station where library visitors can creatively share their thoughts about the library and its role in the community.

> Mississippi Mills will be kicking off Ontario Public Library Week with their annual Book Sale on October 17, at the Almonte branch, from 10AM to 4PM. They will be serving HFT doughnuts and coffee on October 21, and they will also be launching their new music lending library at the Pakenham Branch. Be on the lookout for new Community Reads Posters going up around Mississippi Mills this week as well. Check their Facebook page for a fun new contest.

> Arnprior Public Library will be offering a number of exciting **contests** for adults, including a Book virtual visitors a "Guess a Book by the Tweet" contest. Ask them about "Poem in Your Pocket Day." Arnprior celebrations will conclude on Saturday, October 24, with a fundraising concert, "Blues in the Books", with two-time Juno award-winning band **Fathead**. Definitely not to be missed!

> Renfrew Public Library will be offering a "Murder in the Stacks" murder mystery night on October 23, an author talk with local author David Coombs on October 21, and will be running a "Get Caught Reading" contest, with the winner announced on October 24. Participants can email photos of themselves reading to the library to enter the contest.

How Can You Show Your Support?

In honour of Canadian Library Month, the Carle- Your local library staff will be working hard durton Place Public Library will be offering a number ing Canadian Library Month and Ontario Public of fun Star Wars activities on "Star Wars Reads Library Week to offer creative and entertaining Day", October 10. The library will also be kicking programs, so supporting your library this month off Ontario Public Library Week with a number of will be fun and easy. Visit your library, participate activities for all ages, including the début of a new in programs, and maybe tell your library staff how Adopt-A-Book program, which will allow users to much you appreciate their work. If you're feeling particularly supportive, why not write your local Council and tell them the same?

> — Meriah Caswell is the Manager of Library Services at the Carleton Place Public Library

reast Health

Statistics show that most women experience breast discomfort at some point in their lifetimes, and that ment; so they require aid to support ongoing circuthe number of women that will report this pain to lation. They are also susceptible to various changes their primary caregiver, or to anyone, is quite low. throughout a woman's lifespan; related to our hor-Why is that? Perhaps because breasts don't receive mones, ageing, pregnancy, our diet and environthe proper attention as an important consideration mental stressors. It is important for us to respect in a woman's overall care that they require. Breasts the needs of our breasts and to become more comare often seen as a "taboo" topic; sexualized rather fortable in caring for them in a healthy and therathan respected, giving many women decreased conpeutic way. There are so many simple yet powerful fidence in voicing any concerns they may have about ways you can help to support your breasts in the them. I want to very gently remind you that your care of your whole body. Self-massage, contrast breasts matter, that you matter; every inch of your showers, diet, and yoga are just a few suggestions. body matters and is deserving of care and attention.

of important tissues, including an area between breast health. On November 21, I'll be at the Yoga the visible breast tissue and the underlying muscles which relieves them of the congestion women that are as deserving of care as every other; it's never tend to experience. Many of our clothing choices, as well as postural patterns, create compression in Remember — you matter, your whole body matters. this area, resulting in swelling and discomfort.

Breasts don't have muscles to facilitate move-

Join me on October 24 at Rising Sun Yoga in Al-Our breasts are comprised of an intricate system monte for an opportunity to learn about optimal Connection in Perth. Your breasts are a part of you too early or too late to establish healthy practices. — Amber Young, Registered Massage Therapist

www.thehumm.com

Making a Case for Music

on Facebook, that talk about the importance of music in schools, and how cuts to music programs hurt students. Obviously like to offer a slightly different perspective on this issue.

I am right at the front of the line when it comes to being an advocate for the importance of music education. I see first hand every single day the effects of musicmaking on students, and how their lives

by Tony Stuart

(and mine) are enriched by being able to play in an ensemble with other people. We've all heard about the studies that show improvements in language and mathematics skills, better ability to focus, improved self-discipline, the ability to work as part of a team and so forth. I think various groups are doing a good job of spreading that message.

Here's the thing, though. I think music educators themselves need to take more responsibility. I had this discussion with a new music teacher a few months ago. It is easy to take a doom and gloom approach and bemoan funding cuts. What is harder is to work at making the music program such an essential part of the school culture that you basically take the decision out of the hands of administrators. In other words, if a music program is successful, it becomes far more difficult for it to be deemed expendable.

Successful music programs are ones that develop a true partnership between the school, parents, and the community. At the school level, it is important to give students an opportunity to achieve by playing music that is engaging but still challenging. Music directors are always "on" and must project optimism despite the fact that the concert band only made it through eight bars at the last rehearsal. Students need to feel like their director has a vision, and they also need to feel that their director has

Lately I have been seeing ads, particularly faith (in them) that everything will come together for the next concert. There is a circle of trust that is essential to the running of a good music program.

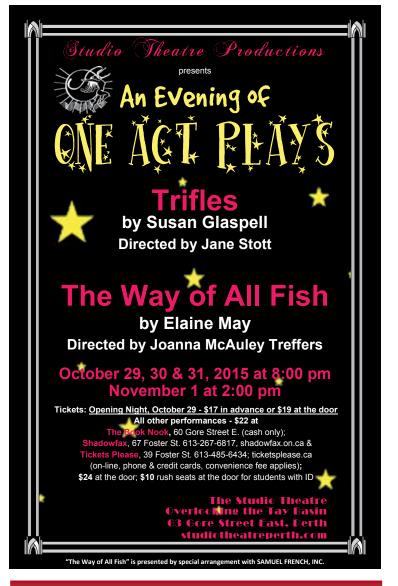
Music directors need to be organized, and lead cutbacks to arts programs aren't new. I'd by example by sticking to their rehearsal schedules. We can't be cancelling rehearsals at the last minute and then expecting kids to show up all the time. We also need to create that sense of responsibility to the team. I often talk with my colleagues in the Physical Education department, because sports naturally create this sense of teamwork, and some of the best lessons I have learned have come from watching and listening to how coaches work with students.

Parents play a vital role in music programs. If parents show support by attending concerts, this is incredibly good PR for a school. Administrators notice these things. They also take notice when a parent phones or emails to lend their support for the school's music program. Fostering good relationships with parents is really key. After all, both of us want the very best for the young people in our charge.

Community is another piece of the puzzle. I think it is important for music directors to take their programs out to the community once in a while. This can take many forms, including parades, performances at seniors' residences, or fundraising for a local charity. When people are aware of what is going on and feel good about seeing young people making their community a better place, this again makes cutting a music program a much more difficult task.

When I had that chat with my colleague, it dawned on me that I am now viewed as a wily old veteran. I'm not really sure how that happened, or where the time went, but getting older does lend a certain perspective to things. It is one thing to complain about funding cutbacks, but it is quite another to take action and do something to prevent it from happening. Music programs are essential in our schools, and it is our job to make cutbacks very difficult for the powers that be.

Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician



THANK YOU

for saying you saw their ad

Words From Westport

New Artist in Town!

David Church brought a lifetime of artistic work with him when he moved to Westport in 2011. With his partner Delvalle, they restored and renovated a beautiful home on the water, a "must have" element for David anywhere he lives. As well as being an artist of great skill and imagination, he is also a most avid canoe enthusiast!

When asked what brought him to Westport, David replied that he came "for the water — for the lakes and the ambiance of geographical diversity" which for him is reminiscent of his many days in the Adirondack Mountains.

by Georgia Ferrell

dents have given him the means and desire to share arts and culture. his work and his love of life through his artwork.

David has been influenced and guided by creating art throughout his life, whether as a child in Grade 1 or a student working towards a Bachelor's in art education and an MA in Jewellery Design and Sculpture. This background has made it possible for him to make his living in the art world of teaching and creating with the growth of his



Westport welcomes sculptor and jewellery-maker David Church to town!

artwork. He has learned from his students as well David comes to the area with a desire to further as from teaching, the value of life experiences that his lifelong affair with the arts, and to share with us persist long into our creative life. David feels that all the cultural elements that have shaped his career his influences have given him the incentive to furin art. Many years of teaching and working with stu- ther his creative work, as well as to promote the

> Currently, David is revisiting the technique of mokume gane and taking it in new directions. This technique combines various metals - gold, silver, copper, brass to name a few — layering and stretching, bending and manipulating them in various ways to produce exquisite patterns for jewellery and sculpture.

David's work can be seen by appointment at — no easy task. He also credits this combination his Art on Centre studio (273–9222), or online at <artoncentrewestport.com>.





Lanark County Interval House WOMEN'S FAIR Saturday November 7

CARLETON PLACE NEELIN STREET ARENA
10 am to 4pm



















All proceeds to LCTH Programs, www.lcih.org

